

Rotary



THE ATTADALE VIEW

N 3 – July 11 2019

The Rotary Club of Attadale,

Rotary International District 9465

PO Box 110, Melville, Western Australia 6156

The ROTARY CLUB OF ATTADALE

meets on Mondays at:

Tompkins on Swan

6.00pm for 6.30pm

Attendance officer:

Gillian Baker 0437 146 849



BE THE INSPIRATION

Monday July 15

Kate Irwin ~ 'Rising Star Awardee – SpaceCubed'

Chair ~ Bev Moffat

Host ~ Bruce Robinson

Both Set Up and Pack Up ~ Giovana McKay and Rod Rate

CLUB CALENDAR

2019

Please note new Attendance requirements, below			
July	Monday	15	Dinner Meeting ~ Kate Irwin ~ rising Star Awardee - SpaceCubed
July	Monday	22	Dinner Meeting ~ Maree de Giambattista and Angela Thornhill, 'Yorganop Group'
July	Monday	29	Dinner Meeting ~ Professor Lyn Beazley ~ 'Women in Science' Celebrating 30 Years of Women in Rotary ~ OPEN NIGHT
August	Monday	5	Dinner Meeting ~ Richard Seale ~ Front Porch Films'
August	Monday	12	Dinner Meeting
August	Monday	19	Dinner Meeting ~ Dr Christine Cooper ~ Water Balance in Native Mammals'
August	Monday	26	District Governor Visit PARTNERS' NIGHT
September	Monday	2	Dinner Meeting ~ Associate Professor Matt Kemp ~ Women and Infants Research to Assist Premature Babies'
September	Monday	9	Dinner Meeting
September	Monday	16	Dinner Meeting
September	Monday	23	Dinner Meeting ~ Leif Cocks ~ Curtin University ~ 'Orangutan Research Project'
September	Wednesday	25	Cluster Meeting see details later in this Bulletin
September	Monday	30	No Rotary Public Holiday
Oct	Friday	25	IGWR Quiz Night
Nov	Saturday	16	Sausage Sizzle at Bunnings Melville
Dec	Saturday	14	Sausage Sizzle at Bunnings Melville
Dec	Monday	16	Christmas Dinner Meeting

Information
at your
fingertips.

Just click on
the button >



NEW WEB SITE



These links make it easy for you to access them so please use them often. If you like and share the Facebook entries regularly it will keep you and others up to date as well as promoting the Rotary Club of Attadale.



Special Anniversaries for JULY



9	Mal Bennett	Birthday	22	Mick Donnes	Birthday
9	Robin Hamilton	Birthday	22	Mike van Trier	Birthday
14	Bev Moffat	Birthday	24	George Lewkowski	Birthday
18	Ian Pittaway	Induction 1988	25	Abby & Kerry Parsons	Anniversary
18	Fred Soale	Birthday	26	Evadne & Jeff Spickett	Anniversary
21	Patricia & Derick Robertson	Anniversary	30	Martin Houchin	Induction 2007

ROTARY SPECIAL MONTHS: **JULY IS NON-DESIGNATED**

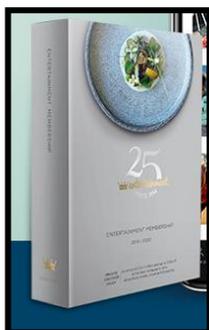
The Rotary Club of Attadale would like to welcome visitors and prospective members to their meetings each week.

Come along and enjoy great fellowship and interesting guest speakers.

Visitors, members and guests should book in by phoning or texting the Attendance Officer, **Gillian Baker**, on **0437 146 849**, as soon as possible,

but before 6.00pm on the Sunday prior to the Monday meeting.

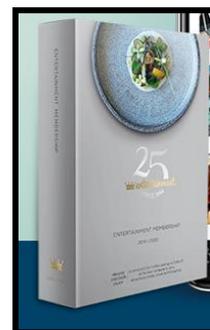
Members, unless Greg receives an apology by 6.00pm on the Sunday prior to the Monday meeting, the meal will need to be charged to you.



Entertainment Books

Martin still has Entertainment Books for sale at \$70 each. **Martin** said the Digital app was an excellent feature

The sale of these books is a good fund raiser for our club, so please ask family and friends if they would like to buy one or more.



Vale David Maxwell

Dear Carole and Family

*We were all very sorry to hear that David
had passed away.*

Our hearts go out to you in your time of sorrow.

With sincere sympathy and love,

from all your friends at the Rotary Club of Attadale



Meeting July 8

President Gail McCulloch was delighted to welcome guest speaker **Daniel Lane**. She was also pleased to welcome **Selwyn Castles** and **Elaine Bennett**

Announcements

- On July 29 we will be celebrating '30 Years of Women in Rotary'. We have an outstanding citizen as our inspirational guest speaker, **Professor Lyn Beazley**. Please invite family and friends to this event, see poster below to book on Trybooking.
- Applecross Rotary have asked for volunteers at their annual Jacaranda Festival to be held on Saturday November 23. They would like help for 2 hours from 9.00am, 11.00am and 1.00pm. Please make a note in your diary and let Colin McCulloch know when you can help.
- Annual Fees are due now. Thank you to all those who have paid. For those members who haven't, we would like them to be paid as soon as possible.

**Congratulations
and
Happy 90th
Birthday
Robin**



Robin Hamilton and Colin McCulloch

Congratulations and Happy 80th Birthday Mal



President Gail and Mal Bennett

Thank You Colin

To help make these special birthdays even more memorable, **Colin** made up the banners complete with sparkler holders.

Thank you, Colin, for the power points you display every meeting, showcasing the Rotary Club of Attadale. and the slideshows that are used to highlight and add interest to the different topics covered during each meeting, every week.

They are very interesting, enjoyed by all and very much appreciated.

Guest Speaker

Daniel Lane ~ Clinic Director of The Perth Brain Centre



Daniel Lane, President Gail McCulloch and Rotarian Martin Houchin

The Perth Brain Centre (est. in 2007) specialises in state-of-the-art brain therapies. It takes a very different approach and uses special scans, known as QEEG, to direct effective treatments and natural ways to help the brain, by utilising the brain's natural ability to change, known as "Neuroplasticity".

Neuroplasticity is changing the way the brain works by allowing people to train and control their brainwaves.

Daniel shared with us numerous studies that had taken place over many years with large trial groups. He said that the treatments they provide in the clinic, whilst "cutting-edge", are based upon years, and often decades, of research published in peer-reviewed journals. They maintain up-to-date research summaries, which are available upon request.

Daniel also shared with us, studies and results that showed if we exercise our brains and bodies, eat a healthy diet and reduce our alcohol intake to one glass of red wine a day we can stave off the effects of dementia.

He was a very vibrant and interesting speaker with a thorough knowledge of his field.



Thumbnail Sketch

Jeff Spickett

Thank you, Jeff, for sharing a very interesting story of your journey through life.

<<< *Rotarian Jeff Spickett*

Curtin Radio Appeal for the Homeless

Ian thanked all the people who brought along packets of soup to donate to this worthy cause. He and Jacquie were delighted to deliver 200 packets of Cup a Soup to Curtin Radio. Great work Ian and Jacquie; thank you for organising the collection.



Ian and Jacquie Pittaway and Jenny Seaton

Music in the Air

Colin told the meeting that after he, Giovanna and Gail had met with Laurissa and Irene from the South Side Symphony Orchestra, a number of possible dates for next year's concert were discussed. This was then put to the RCA Concert Committee and after due consideration April 4th 2020 was the preferred date and March 28th the second choice. We still need to take into account some factors, including the AFL fixtures.

Music in the Air Concert DVD

Colin filmed the concert and has burned a number of very good DVDs that are for sale for \$10.00. If you would like one please contact Colin.



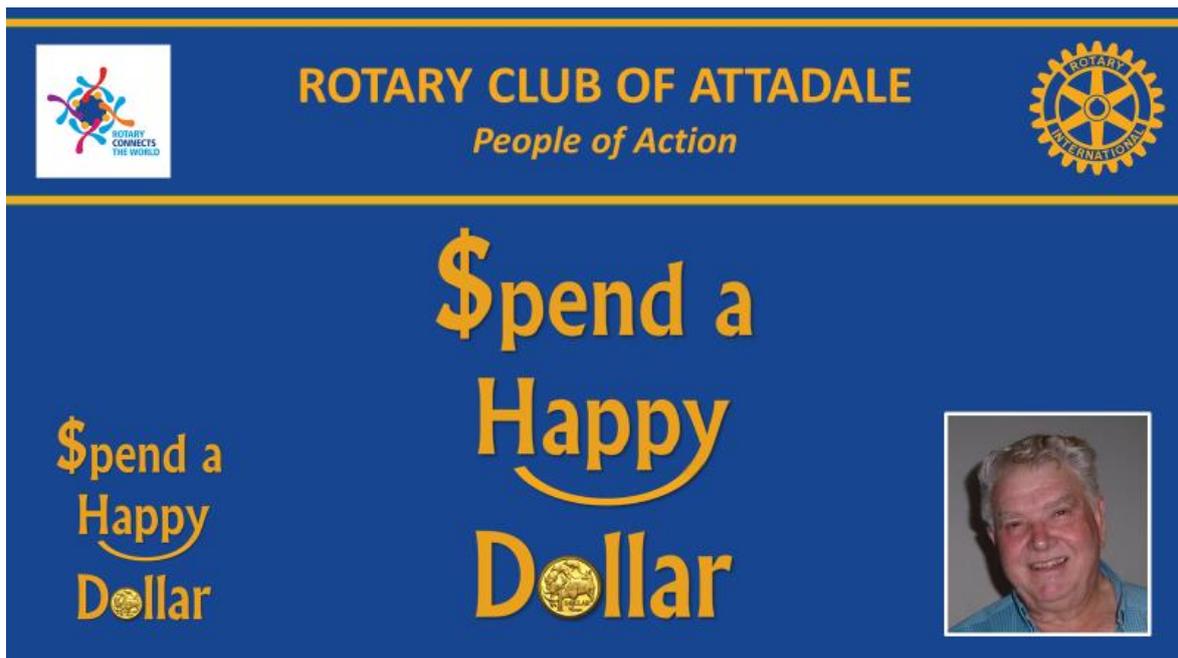
Established in February 2011, the South Side Symphony Orchestra, SSSO, is based in Melville and has a regular membership of 50 enthusiastic musicians from diverse backgrounds. What unites us is the passion and pleasure in making and performing music with and for others. We are grateful to our Musical Director, Laurissa Wyllie-McCarthy, and consider ourselves very fortunate to have Laurissa lead our team of passionate musicians.

It a great privilege to bring "Music in the Air" to you today — a collaboration between the Rotary Club of Attadale and SSSO. Proceeds from this concert will be donated to the Royal Flying Doctor Service (WA).

DVD produced by Colin McCulloch, Rotary Club of Attadale ...

Winners

Congratulations to **Selwyn** who won the Door Prize and **Elaine** and **Mal** who won the Raffle but not the Joker.



Mick Donnes ran a very lucrative Happy Dollar session, fining all and sundry. He may need to bring some extra cash next week.

Thank You

A very big thank you to **Elaine Bennett** for the great range of cakes enjoyed with tea and coffee tonight



Not only delicious cakes but the offer of a port as well.

Offers to Cook

If any members would like to bring cake, slice, biscuits or similar to have with tea and coffee after the meeting, it would be much appreciated.

Please let **Ian, Jacquie, Colin** or **Gail** know before the Monday so they don't cook too.

Rotary Oceania Medical Aid for Children (ROMAC)

To continue their good work and to assist those not in a position to obtain the necessary medical treatment for their children ROMAC needs a group of committed volunteers in Districts 9455 and 9465. Could you be that volunteer?

Both Districts require volunteers to fill the position of District Chairs and Committee Members.

District Governors have the prerogative of the final selection of the District Chairs.

Should you be interested in a rewarding, satisfaction guaranteed volunteer position for ROMAC please either contact your respective District Governor or the contacts listed below.

Should you require more information as to the responsibilities and expectations, please contact Bob Cooper, Western Districts Chair of ROMAC as listed below, and I will forward it to you direct.

Contacts

Western Region Chair ROMAC

PDG Bob Cooper

e: dgbobcooper@iinet.net.au

Mb. 0414 764 635

PDG Brian Eddy

Vice Chairman ROMAC

e: brian.eddy@rotary9465.com.au

Mb. 0414 388 794

In Giving We Receive Quiz Night (IGWR)

Friday October 25

Please put this date in your diary and invite friends to come.

Helping the children of Nepal.



Celebrating 30 Years of Women in Rotary for all Rotarians and Friends

Please click [here](#) to book

Rotary
Club of Attadale



Celebrates 30 years of

Women
in Rotary

All Rotarians and friends are invited to a special Dinner Meeting with esteemed guest speaker:

Professor Lyn Beazley AO
speaking on
'Women in Science'.

This celebratory meeting will also include a brief history of the 30 years of women in Rotary.

Monday, July 29

6.00 for 6.30pm start
Tompkins on Swan, Alfred Cove

Cost of \$26 includes main course, tea, coffee and cakes.
Drinks at bar prices.

Please book by **10.00pm, Thursday, July 25**, at:

<https://www.trybooking.com.au/BDMQU>



ROTARY CLUB OF ATTADALE

DUTY ROSTER 2019 – Q3

The Chairpersons will be selected by Ian Pittaway to match the guest speakers as they are arranged.



Both Set Up & Pack Up			Host	Chairperson
July 1	Bev Moffat	& Jeff Spickett	James Doogue	Mick Donnes
July 8	Selwyn Castles	& George Lewkowski	Patricia Robertson	Martin Houchin
July 15	Giovanna McKay	& Rod Rate	Bruce Robinson	Bev Moffat
July 22	Llew Withers	& Fred Soale	Bob Rodgers	Kerry Parsons
July 29	John Sharp *	& Ian Pittaway	Giovanna McKay	Yvonne Rate
Aug 5	Abby Parsons	& Betty Bright	Winston Marsh	Mal Bennett
Aug 12	Jim Calcei	& Martin Houchin	Llew Withers	
Aug 19	Mal Bennett	& Kerry Parsons *	Carole Maxwell	John Sharp
Aug 26	Bev Moffat	& Mick Donnes	Jeff Spickett	Gail McCulloch

* = altered; duty swapped.

If members are unable to undertake their allocated duty on any date, please arrange a swap.

The **set up and pack up** Rotarians shall:

- Arrive at least 30 mins before the meeting starting time
- Retrieve the small Australian flags, the Sergeant's gavel and gong, collection box, international pig, President's dais and two bottles of wine.
- The small flags shall be spread around the tables.
- The Sergeant's and President's items are to be placed on the President's table
- The microphones provided by Tompkins on Swan shall be turned on and tested
- At the completion of the meeting, all items shall be returned to the storeroom cupboard

The **hosts** shall:

- Arrive at least 30 minutes before meeting starting time
- Retrieve the wooden badge holder cabinet from the storeroom and place it within greeting area
- Greet all Rotarians with a handshake and give them their badge.
- Greet guests and welcome them and introduce them to at least two Rotarians
- Greet the guest speaker if the Chairperson is unavailable
- After the meeting, retrieve all name badges, place them in the wooden cabinet and return to storeroom

The **chairperson** shall:

- Read the Bulletin in advance and then contact Program Director for CV of speaker
- Arrive at Dinner Meeting venue at least 35 mins before starting time
- Greet and welcome the GS at the entrance and introduce them to the President and at least four Rotarians
- Assist the GS to setup his/her audio/visual and any other aids
- Show GS where to sit down for dinner on President's table and where to speak
- Invite the GS to stay for tea or coffee afterwards and ask them if they are happy to answer questions then
- Advise GS to speak for 20-30 minutes (or as agreed with Programme Director) including questions
- Introduce the GS by name and topic when requested by the Sergeant or President
- Formally introduce the GS by written CV addressing name, vocation, qualifications, family (if appropriate), interests and lastly topic. This should take from one to two minutes only.
- Chair the speaker session allowing one question per Rotarian or Guest
- Terminate the session with the presentation of the gift coaster (from Secretary)
- <https://www.trybooking.com/BDMQU> (appropriate)