

Rotary



THE ATTADALE VIEW

N 13 – September 19, 2019

The Rotary Club of Attadale,

Rotary International District 9465

PO Box 110, Melville, Western Australia 6156

The ROTARY CLUB OF ATTADALE

meets on Mondays at:

Tompkins on Swan

6.00pm for 6.30pm

Attendance officer:

Gillian Baker: - 0437 146 849

Email: - gillian.baker7@bigpond.com



Monday September 23

**Leif Cocks ~ Curtin University ~
'Orangutan Research Project'**

Visitors always welcome, see how to book in below

Chair ~ George Lewkowski

Host ~ Carole Maxwell

Both Set Up and Pack Up ~ Fred Soale and Ian Pittaway

CLUB CALENDAR

2019

**Please note new Attendance requirements: -
Contact Attendance Officer before 6.00pm on the Sunday
prior to the Monday meeting**

| | | | |
|-----------|-----------|----|---|
| September | Thursday | 19 | Dinner at the Bentley Pines Training Restaurant South Metropolitan TAFE – Bentley campus Hayman Road, Bentley |
| September | Monday | 23 | Dinner Meeting ~ Leif Cocks ~ Curtin University ~ 'Orangutan Research Project' Peter Humphris from St Paul's in Beaconsfield ~ In Giving We Receive |
| September | Tuesday | 24 | Four Way Test Speech Contest at Rossmoyne SHS Erin Peoples is representing the Rotary Club of Attadale |
| September | Wednesday | 25 | Cluster Dinner |
| September | Monday | 30 | No Rotary ~ Public Holiday |
| October | Sunday | 6 | Movie Event Fundraiser 'Ride Like a Girl' see details below |
| October | Monday | 7 | Dinner Meeting ~ Peter Kenyon ~ 'Let's Just Not Serve Communities- Let's Strengthen Communities' 'Lift the Lid on Mental Illness' ~ Please make a donation for this worthy cause and wear an eye catching hat to win a prize |
| October | Tuesday | 8 | Board Meeting |
| October | Monday | 14 | Dinner Meeting ~ Erik Anderson ~ 'Mercy Ships' |
| October | Thursday | 24 | World Polio Day |
| October | Friday | 25 | IGWR Quiz Night |
| October | Saturday | 26 | Rotary 48 th Ladies Seminar and Luncheon - see details below |

| | | | |
|-------------|----------|----|---|
| November | Friday | 8 | Sundowner at the home of Jim and Jenny Calcei |
| November | Tuesday | 12 | Board Meeting |
| November | Saturday | 16 | Sausage Sizzle at Bunnings Melville |
| November | Monday | 18 | Dinner Meeting ~ Kay Eva ~ 'Stitches of Hope' |
| November | Saturday | 23 | Jacaranda Festival ~ Helpers needed |
| Dec | Saturday | 14 | Sausage Sizzle at Bunnings Melville |
| Dec | Monday | 16 | Christmas Dinner Meeting |
| 2020 | | | |
| February | Sunday | 2 | Crabbing Day at Jim and Jenny Calcei's home in Mandurah |

Information
at your
fingertips.

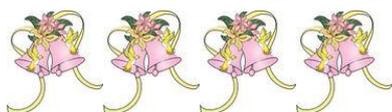
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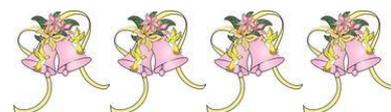
NEW WEB SITE



These links make it easy for you to access them so please use them often.
If you like and share the Facebook entries regularly it will keep you and others
up to date as well as promoting the Rotary Club of Attadale.



Special Anniversaries for **SEPTEMBER**



| | | | | | |
|---|---------------------------|----------------|----|-------------------------|----------|
| 1 | Gail & Colin McCulloch | Wedding | 8 | Anne & George Lewkowski | Wedding |
| 1 | Bob Rodgers | Induction 1991 | 9 | Gillian Baker | Birthday |
| 4 | Annette & George Macrides | Wedding | 13 | Adrienne Cotterell | Birthday |
| 5 | Pat & Keith Timmel | Wedding | 15 | Pat Leaver | Birthday |
| 7 | Jenny Calcei | Birthday | 30 | Bruce Robinson | Birthday |

ROTARY SPECIAL MONTHS: **SEPTEMBER IS BASIC EDUCATION AND LITERACY**

Visitors are welcome

Come and enjoy great fellowship and interesting guest speakers.

Contact Attendance Officer ~ **Gillian Baker**

on 0437 146 849

or

Email gillian.baker7@bigpond.com

Before 6.00pm on the Sunday prior to the Monday meeting.

Meeting September 16

President **Gail McCulloch** was delighted to welcome our guest speaker **Ceinwen Roberts**.

She was also very pleased to welcome **Heather and Keith McNaught**, who introduced their friends **Cheryl and Ray Oprandi**, and their family, **Rebecca McNaught, Sean Donnelly, James McNaught and Meagan McNaught**.



James and his wife Meaghan, Keith, Heather, Rebecca McNaught. Sean Donnelly



Gail was very pleased to welcome **Colleen and Alister Pugsley** who are friends of **Heather and Keith**.

Jacque Pittaway, Yvonne Rate and Trish Sharp were welcomed and introduced by their husbands.,

Announcements

Induction of Heather and Keith McNaught

President Gail was delighted to be inducting **Heather and Keith McNaught** into the Rotary Club of Attadale and was looking forward to sharing with them the opportunity to make a positive difference in the lives of people, who are in need, locally and internationally.

Club Dinner

Thursday 19 September, we have our dinner organised by **Martin Houchin** at the Bentley Pines Training Restaurant from 6.30pm.

Cluster Dinner

Wednesday 25 September at 6.30 for 7.00pm in the John McGrath Hall South Perth

Gail will put out a map for those people who are coming.

Cost \$30 pp for sit down dinner and drinks.

Each Club can present a talk for five minutes to promote one project.

Lighting at Tompkins on Swan

President Gail had an email from **Mario Murphy** in charge of buildings at the City of Melville to say they have replaced the faulty lighting timer and installed a new light stand along the pathway to the car park.

So, there should not be a lighting problem from now on.

Rack Card, Promotion

Giovanna has put together a DL size, Rack Card that advertises Rotary and in particular the Rotary Club of Attadale. The plan is to put them in public places such as libraries, to spread the word about what we do and hopefully attract people who might like to join.

Movie Event

Gillian announced that so far, we have sold 109 tickets to the movie event, 58 of those have been sold by **Rod** which is a tremendous effort.

Gillian would like people to bring in the money as soon as possible or return any tickets you are not going to sell.

If you are able to donate any items for the raffle please bring them along next week.

Rotaract Barbecue

Gillian told us that the Melville Rotaract Club is holding an inaugural barbecue and all Rotarians are invited to attend. If they know of anyone between the ages of 18 and 30 that might like to join, to invite them along as well.

Gillian will send a sheet around next week, with all the details, for people to indicate if they are able to attend.

Land Acquisition and Sub Division Project Committee'

Rod Rate was very pleased to announce that **Greg James** has accepted the position as Chairman of the Land Acquisition and Sub Division Project Committee.

He will be supported by **Jim Calcei**, **Martin Houchin** and **Kerry Parsons**.

Kings Park Breakfast at Zamia Restaurant and a Guided tour of the Gardens for eight.

Rod spoke about the slide show that **Colin** had on before the meeting and during the meal, of the spectacular plants and flowers in Kings Park.

The breakfast and tour were an auction prize at the last Charity Golf Day, that was won by **Rod** and **Yvonne**.

The photos were taken by **Colin** and **Gail** who joined **Rod** and **Yvonne** and four friends.

Rod urged those present to take advantage of this package that is inexpensive and a wonderful way to spend a morning.

Walk for Hirschprung's Disease

John spoke about his family participating in the Walk for Hirschsprung's, to support their ten-year-old grandson, Tyler, who was diagnosed with Hirschsprung's when he was just 24 hours old.

It is a condition that affects the large intestine as a result of missing nerve cells in the muscles of the baby's colon. **Tyler** was operated on when he was two weeks old, to have eight inches of his intestine removed.

He will always have some bowel problems as there is no cure, but you can learn to manage it.

Tyler bravely and cleverly, made a video to share with his class mates so they could understand the condition. We viewed the video and everyone was invited to make a donation.

John and Trish would like to sincerely thank everyone at last week's meeting for their generous donation to the cause. They were very grateful to receive \$122.75 from everyone which will be added to the \$1 700 raised at the walk.

John and Trish brought cupcakes made by their daughter, Karen, for the event that had been over catered for.

A great day raising awareness for Hirschsprung's. Massive thank you to Mum Patricia Sharp and Dad and Karen Soltoggio for her amazing cupcakes. Much love and appreciation to you all ❤️



Induction of Heather and Keith McNaught

President Gail McCulloch was delighted to induct **Heather and Keith McNaught** into the Rotary Club of Attadale.

Ian Pittaway was pleased to share with the meeting that **Cheryl Oprandi** was a great guest speaker at our Club earlier in the year. **Cheryl** and her husband **Ray** are very good friends with **Heather and Keith**. When **Cheryl** heard they were looking to join Rotary she recommended Attadale as the best club she had been to.



Cheryl and Ray Oprandi with the McNaught Family

Sponsors



As their Sponsors **President Gail and Colin McCulloch** introduced **Heather and Keith**, and shared a brief history of their work details.

Heather and Keith with their Mentors



Heather's Mentor is Bev Moffat



Jeff Spickett is Keith's Mentor

After the presentation ceremony, **President Gail** congratulated **Heather and Keith**, saying: "I know you will find inspiration in service, and enjoyment in the fellowship of this Club and I look forward with confidence to your participation, contribution, and utilizing your energy and talents, to help us progress the Mission of Rotary International."

Heather and Keith were invited to speak. They said they were very grateful for the warm and friendly way they had been welcomed, and were looking forward to enjoying the great fellowship as well as contributing to the projects the club undertakes.

The members and friends all came forward to personally welcome them both as members of the Rotary Club of Attadale

Guest Speaker ~ Ceinwen Roberts

'Making the Impossible Possible, My Journey Across the Oceans'



President Gail McCulloch, Ceinwen Roberts, Betty Bright and Martin Houchin

Ceinwen Roberts has a Bachelor of Science in Health and Exercise Science and a Graduate Diploma in Population Health.

She is a member of the small group of swimmers around the world who have attained the Triple Crown of Open Water Swimming, completing the English Channel, the Manhattan Island Marathon Swim and the Catalina Crossing.

Ceinwen spoke about some of the challenges she faced during these events, such as the strong tides in the English Channel, the heavily polluted, freezing waters of Manhattan's Hudson River and the new set of challenges the Catalina Island to San Pedro journey presented. The midnight start to avoid strong winds and to ensure the sun didn't cast their shadows on to the ocean floor and attract sharks. She said there was a huge amount of sea life, sharks, whales and dolphins – and kelp, which was so thick, she felt she had to crawl over it.

Ceinwen finished third and was the first woman to complete the Manhattan Island Marathon Swim in 7 hours and 31 minutes, and recorded the fastest time of the season in the Catalina Channel of 8 hours and 4 minutes.

She has also swum the Rottnest Channel multiple times as a solo, duo and team member, and has completed a triple crossing of the Rottnest Channel (60km)

This was very challenging and she experienced severe physical problems. Her tongue and throat were so swollen from the salt water that she hadn't eaten or drunk anything, so her sugar levels were two (millimoles per litre), which apparently can put you into a coma.

Ceinwen is the organiser of The Hotel Rottnest Port to Pub Swim so has a particular interest in preparing swimmers to take part in this great event as a 25km swimmer, or a solo, duo, team of four or team of 6 swimmer.

With this experience under her belt she loves helping others to learn to swim, improve their technique, or provide them with motivation and programs to take their swimming to the next level.

Ceinwen and her husband started up Positive Lifestyle Training, an outdoor mobile fitness training company. Rotarian Betty Bright attends these classes and is full of praise for Ceinwen, her husband and their two small daughters. This fitness training has grown and developed into a Swim Squad specialising in adult technique, fitness and open water swimming.

Ceinwen also helps to coach and prepare swimmers to undertake the English Channel, Catalina Channel and various other marathon swims.

Her love for swimming and the ocean came from her parents who shared the same interest in the sport.

Her swimming events have raised money for charities such as Breast Cancer Care WA and Walk Free, a charity ending slavery.

Ceinwen was an absolute delight. Her friendly personality, positive attitude, commitment, perseverance, strength of character and achievements were an inspiration.

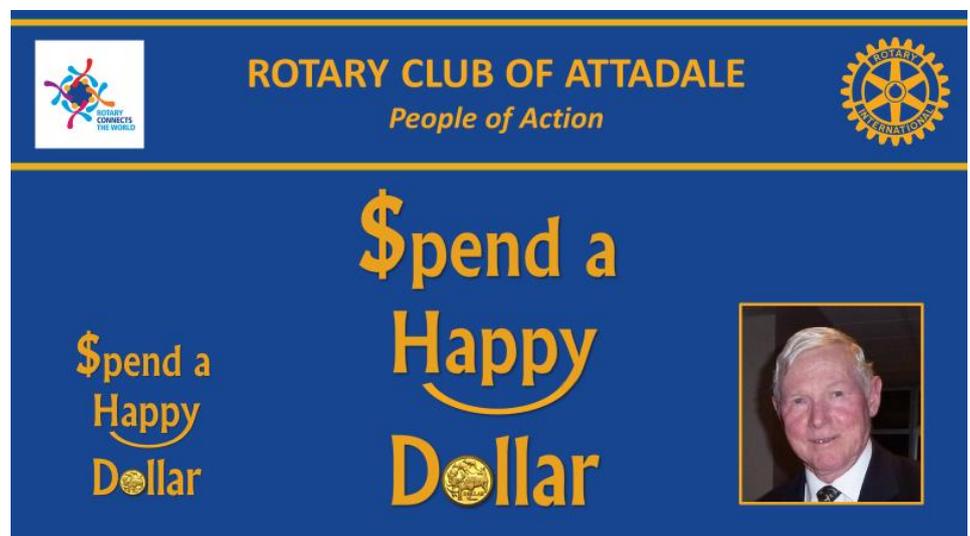
Winners

The winner of the Door Prize was **Ian**. **Mick** was the winner of the Raffle, but not the Joker.

Happy Dollars

Rod Rate provided lots of fun and laughter, extracting Happy Dollars from members.

Mick was the luckiest Rotarian. He helped provide **Rod** with lots of money for the Treasurer.



The banner features the Rotary Club of Attadale logo on the left, the text "ROTARY CLUB OF ATTADALE" and "People of Action" in the center, and the Rotary International logo on the right. Below this, the text "Spend a Happy Dollar" is written in a large, stylized font. A small portrait of a man is visible on the right side of the banner.

Thank You

A big thank you to **Heather and Keith** and **John and Trish** for all the delicious treats that were enjoyed with tea and coffee.



Offers to cook

If anyone would like to cook for next week please contact Gail and Colin.

Movie Event

Rotary 
Club of Attadale

MOVIE EVENT

SUNDAY 6th October
4.00 pm

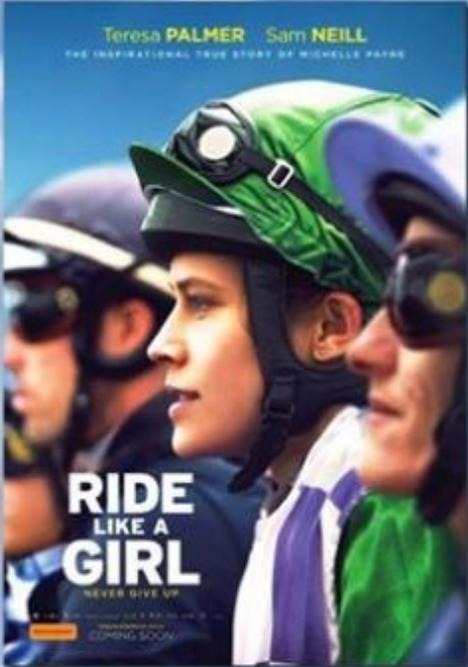
CYGNET CINEMA
16 Preston St COMO

\$20 per ticket
(includes entry into raffle
for a number of prizes)

Director: Rachel Griffiths

Writers: Andrew Knight
Elise McCredie

Stars: Teresa Palmer
Sullivan Stapleton
Sam Neil
Henry Nixon
Jacob Warner
Genevieve Morris



Storyline: Biography/Drama/Sport
The story of Michelle Payne, the first female jockey to win the Melbourne Cup.
You can view the trailer by clicking on this link
<https://www.youtube.com/watch?v=QJTZsCG7kv0>

Enquiries to Gillian Baker - Rotary Club of Attadale
0437 146 849 or email gillian.baker7@bigpond.com

In Giving We Receive Quiz Night (IGWR)

Please start thinking about organising a table of ten for the quiz night. It is always a lot of fun and for a very good cause.

We would appreciate any items you can donate for the raffles and silent auction.

In Giving We Receive Quiz Night (IGWR)

Friday October 25

Please put this date in your diary
and invite friends to come.

Helping the children of Nepal.



Rotary in WA 48th Ladies Seminar and Luncheon

Book Ladies Seminar Tickets [here](#)

SAVE THE DATE!

SATURDAY 26TH OCTOBER 2019

A highlight in your Special Events Calendar is the
**Rotary In Western Australia
48th Ladies Seminar
and Luncheon.**

At the
Grand Ballroom at the Hyatt Regency, Perth!

M.C. Gillian O'Shaughnessy (ABC 7.20 Radio)
Time: 8:30am – 3:30pm

Main Guest Speakers

- Karen O'Connor – Cycling Without Age
- Mandy Basson – Sock It To Sarcoma
- Rachael Kirk – WASO
- Amanda Lambros – Sexologist
- Priscilla Hogan – Empowering Chicks
- Bec Bignell – Cockatoo Colab

Book Tickets Through TryBooking Now!
<https://www.trybooking.com/BEAKV>

Open to everybody, not just Rotarians!

For further details please contact Leanne:
0430 572 901

leanneknowler@gmail.com

Rotary 
Districts 9455 & 9465

www.rotaryinwailadiesseminar.com.au

https://www.facebook.com/events/367226347334762/?active_tab=about



ROTARY CLUB OF ATTADALE

DUTY ROSTER 2019 – Q3

The Chairpersons will be selected by Ian Pittaway to match the guest speakers as they are arranged.



| Both Set Up & Pack Up | | | Host | Chairperson |
|-----------------------|-------------------|---------------------------|-----------------------|-------------------------|
| July 1 | Bev Moffat | & Jeff Spickett | James Doogue | Mick Donnes |
| July 8 | Selwyn Castles | & George Lewkowski | Patricia Robertson | Martin Houchin |
| July 15 | Giovanna McKay | & Rod Rate | Bruce Robinson | Bev Moffat |
| July 22 | Llew Withers | & Fred Soale | Bob Rodgers | Kerry Parsons |
| July 29 | Colin McCulloch * | & Ian Pittaway | Giovanna McKay | Yvonne Rate |
| Aug 5 | Abby Parsons | & Llew Withers * | Winston Marsh | Ian Pittaway * |
| Aug 12 | Jim Calcei | & Martin Houchin | Betty Bright * | Selwyn Castles |
| Aug 19 | Mal Bennett | & Kerry Parsons * | Carole Maxwell | John Sharp |
| Aug 26 | Bev Moffat | & Mick Donnes | Jeff Spickett | Gail McCulloch |
| Sept 2 | Selwyn Castles | & Llew Withers | Patricia Robertson | Carole Maxwell * |
| Sept 9 | George Lewkowski | & Rod Rate | Bruce Robinson | Jim Calcei/Ian Pittaway |
| Sept 16 | Colin McCulloch | & Fred Soale | Bob Rodgers | Betty Bright |
| Sept 23 | Fred Soale | & Ian Pittaway | Carole Maxwell | George Lewkowski |
| Oct 7 | Mal Bennett | & Colin McCulloch | Winston Marsh | Ian Pittaway |
| Oct 14 | Colin McCulloch | & Bev Moffat | Betty Bright | Martin Houchin |

* = altered; duty swapped.

If members are unable to undertake their allocated duty on any date, please arrange a swap.

The **set up and pack up** Rotarians shall:

- Arrive at least 30 mins before the meeting starting time
- Retrieve the small Australian flags, the Sergeant's gavel and gong, collection box, international pig and sign, Joker container and two bottles of wine.
- The small flags shall be spread around the tables.
- The Sergeant's and President's items are to be placed on the President's table
- The microphones provided by Tompkins on Swan shall be turned on and tested
- At the completion of the meeting, all items shall be returned to the storeroom cupboard

The **hosts** shall:

- Arrive at least 30 minutes before meeting starting time
- Retrieve the wooden badge holder cabinet from the storeroom and place it within greeting area
- Greet all Rotarians with a handshake and give them their badge.
- Greet guests and welcome them and introduce them to at least two Rotarians
- Greet the guest speaker if the Chairperson is unavailable
- After the meeting, retrieve all name badges, place them in the wooden cabinet and return to storeroom

The **chairperson** shall:

- Read the Bulletin in advance and then contact Program Director for CV of speaker
- Arrive at Dinner Meeting venue at least 35 mins before starting time
- Greet and welcome the GS at the entrance and introduce them to the President and at least four Rotarians
- Assist the GS to setup his/her audio/visual and any other aids
- Show GS where to sit down for dinner on President's table and where to speak
- Invite the GS to stay for tea or coffee afterwards and ask them if they are happy to answer questions then
- Advise GS to speak for 20-30 minutes (or as agreed with Programme Director) including questions
- Introduce the GS by name and topic when requested by the President
- Formally introduce the GS by written CV addressing name, vocation, qualifications, family (if appropriate), interests and lastly topic. This should take from one to two minutes only.
- Chair the speaker session allowing one question per Rotarian or Guest
- Terminate the session with the presentation of the gift coaster (from Secretary)
- Escort the GS to the door after the meeting (and to their vehicle if appropriate)