



# THE ATTADALE VIEW

N 33 –April 2, 2020

The Rotary Club of Attadale

Rotary International District 9465

PO Box 110, Melville, Western Australia 6156



## The ROTARY CLUB OF ATTADALE

meets on Mondays via

### Zoom

6.55pm for 7.00pm

To join in please email John Sharp

Email ~ [johns@trilogyfacilitation.com](mailto:johns@trilogyfacilitation.com)



**MONDAY, April 6**

**Zoom Meeting**

**John Sharp Thumbnail**

## CLUB CALENDAR

### 2020

March	Monday	23	Zoom Meeting
March	Monday	30	Zoom Meeting ~ Guest ~ District Governor Wayne Milnes
April	Monday	6	Zoom Meeting ~ John Sharp ~ Thumbnail Sketch
April	Tuesday	7	Zoom Board Meeting
April	Sunday	12	38 <sup>th</sup> Anniversary of Charter of Rotary Club of Attadale
April	Monday	13	Easter Monday ~ No Meeting
April	Saturday	18	President Elect Training Seminar
	Sunday	19	
April	Monday	20	Zoom Meeting
April	Monday	27	ANZAC Day Holiday ~ No Meeting
May	Monday	4	Zoom Meeting
May	Monday	11	Zoom Meeting
May	Sunday	17	District Assembly
May	Monday	18	Zoom Meeting
May	Monday	25	Zoom Meeting
June	Monday	1	Western Australia Day Holiday ~ No Meeting
June	Monday	8	Zoom Meeting
June	Monday	15	Zoom Meeting
June	Monday	22	Rotary Club of Attadale Change Over Night
June	Saturday	27	District Change Over Night at Royal Perth Golf Club TBC

Information  
at your  
fingertips.  
Just click  
on the  
button >



NEW WEB SITE



These links make it easy for you to access them so please use them often.  
If you like and share the Facebook entries regularly it will keep you and others up to date as well as promoting the Rotary Club of Attadale.

## Visitors are welcome

Come and enjoy great fellowship via Zoom during these difficult times

To join in please email John Sharp

Email ~ [johns@trilogyfacilitation.com](mailto:johns@trilogyfacilitation.com)

### APRIL

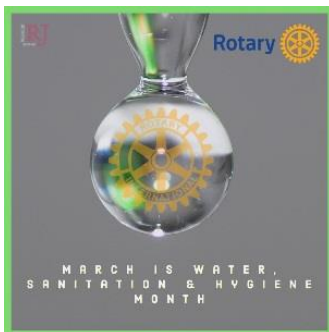
### SPECIAL ANNIVERSARIES

### APRIL

4	Gail McCulloch Birthday	14	Rod Rate Birthday
8	Gillian Baker Induction 2013	19	Bob Rodgers Birthday
9	Patricia Robertson Birthday	19	Gillian Hamilton Birthday
11	Yvonne Rate Birthday	21	Trevor Leaver Induction 1997
12	Malcolm Bennett Induction 1982	25	Colin McCulloch Birthday
12	Winston Marsh Induction 1982	27	Ian Pittaway Birthday
13	Freya & Colin Taylor Wedding	30	Martin Houchin Induction 2007

### ROTARY SPECIAL MONTHS:

APRIL IS MATERNAL and CHILD HEALTH



A huge thank you to  
Giovanna McKay



Director of Public Image/Website

Giovanna has entered all of the Board minutes from past years  
onto the Rotary Club of Attadale Website

# The Rotary Club of Attadale are now meeting using the facility of Zoom Video Conferencing



## Our First

### Zoom Meeting Monday 23 March

On Sunday 22 March, the Government announced, that from 12.30pm on Monday 23 March, many more closures due to COVID – 19 were to be enforced.

This caused us to cancel our regular dinner meeting at very short notice to all

**John Sharp** offered his Zoom licence for us to use for meetings and to teach everyone how to use it.

Fourteen people joined us for our first meeting. We encountered a few problems: we could hear **Mick**, but not see him, and see **Robin** but not hear him.

Others experimented with various icons and shared what happened.

Everyone enjoyed the learning experience and the chance to socialize.

A big thank you to **John** for his patience and expertise,



*Participants of our first Zoom meeting, except Mick who we could hear but not see*

## Announcements

### DG Wayne Milnes

**Zoom meetings** are being investigated for clubs to use as a way of keeping in touch.

A link to a You tube video on how to set up and use Zoom will be sent out to all.

A register of experts to help clubs is to be established. If your club has one, please advise DG Wayne.

## Greenbatch

**AG David Porter** will call a meeting of the Greenbatch champions in the three clubs in Group 1, that are interested, to finalise the school's allocations and discuss the collection opportunities.

Jeff, Keith and Llew are our Club representatives and will attend the meeting if they are able.

## Family of Rotary

**John** invited those at the Zoom meeting, to share how they were coping at this time. Everyone agreed it was difficult not seeing family but were keeping in good touch. Others shared how they were getting exercise and doing the jobs they had been putting off.

At the end of our meeting most people had gained in confidence, using Zoom, and enjoyed being able to share their thoughts with others.

**John** organised for people who felt confident with Zoom to contact people that had not joined the session, to show them how it worked, if they wanted to participate.

## Our Second Zoom Meeting Monday 30 March



*Sixteen people joined our second Zoom meeting including DG Wayne Milnes*

## Socialising

**John** managed our second meeting. He began by giving everyone the opportunity to sort out any problems they had with Zoom.

There were very few problems, due to the fact that they had been helped by others, to learn how it worked, and others had improved their knowledge and skills.

After a while **John** handed the meeting over to **President Gail**.

## Announcements

**Gail** was delighted to welcome everyone to the second Zoom meeting and thanked **John** for making his Zoom licence available for us to use, and for his expertise.

She was also delighted to welcome, **District Governor Wayne Milnes** to the meeting, knowing how busy he is.

**Gail** also thanked everyone who had helped or been helped to learn how to use Zoom, so that we can continue to come together.

## Gillian

**President Gail** had been in touch with **Gillian** and was able to report that she is feeling as if things are settling down. She has had a number of issues all happening at once and really appreciates the ongoing support of her Rotary friends.

## Helping Others

COVID – 19 has altered all our lives. However, it is a time where we can try and help others.

Members will all have received **Gail's** email forwarding a request from one of our regular and generous donors for all our fund-raising events. **Reuben** at the **Karalee on Preston**, is asking for our support of their new way of keeping their business afloat by transitioning to a Take Away and Delivery model, for the Karalee On Preston and Karalee Bottle shop.

Contact details ~ Phone (08) 9367 1848

Email ~ Karaleeanager@revel.net.au

They will be delivering food and drinks from their venues using their staff, so they can keep some of them employed. Delivery and take away will be available from 5pm- 9pm.

There are many businesses that are donors to our fund raisers that all need support as well as other businesses that need support to stay viable.

You can help by your giving your custom, if possible, and by sharing their details with others.

## Reports

### Music in the Air Concert

It has been disappointing to all concerned that the concert had to be postponed.

**Colin** reported that **Irene** from the South Side Symphony Orchestra had been in touch, with some good news.

Music that had been ordered turned out to be unsatisfactory. **Irene** was able to return it and receive the full costs back and organise a replacement at no cost.

The orchestra are keen to perform when possible. They are free on Saturdays 17, 24 and 31 in October.

**Colin** has made a no obligation reservation for those dates with the Mount Pleasant Baptist College, just in case!!!!!!

The orchestra continue to practise on their own. Members recorded themselves individually at home playing music from the Magnificent Seven. Their Musical Director, Laurissa Wyllie-McCarthy, combined all of these individual recordings to produce a very enjoyable compilation which features the musicians and scenes from the movie. Click [here](#) to enjoy the video clip. Please like the [SSSO on Facebook](#).



South Side  
Symphony  
Orchestra

### Posts



South Side Symphony Orchestra

Yesterday at 08:12 · 🌐

Although SSSO could not perform last night at Rotary club of Attadale's Music in the Air concert, we bring you a compilation from individual member recordings of the Magnificent 7, a popular classic.

Hope you enjoy.

Edited by our amazing and super talented Music Director Laurissa!

Keep a look out for more SSSO Coronavirus arsenal on this page!



## District 9465

**District Governor Wayne Milnes** said that he thoroughly enjoyed the Magnificent Seven and South Side Symphony Orchestra compilation.

He shared with us that the cancelled District Conference had incurred costs but they were working on measures to reduce these to a minimum.

**DG Wayne** will be sending out an email inviting Clubs to enter a Best Rotary shirt competition.

## Helping others

**Rod** put forward a suggestion to help others by providing smoothies made from donated fruit and vegetables.

This promoted comments about how it can be done, following food handling guidelines from the Health Department and where and how this project could be handled.

As Rod said, it is just a thought at this stage, as he had not put pen to paper.

**DG Wayne** shared the information that FoodBank was inundated with food and with food places closing down, the food they were left with added to the amount of food they had to deal with.

This prompted more discussion on ways we can help others.

**Bev** suggested coffee shops and restaurants could maybe use their facilities to get this surplus of food out to those in need.

**Heather and Keith** have printed the card below and put it in neighbours' letter boxes. Others might like to do this with their neighbours.

**HELLO!** If you are self-isolating, I can help.

**My name is**  
.....

**I live locally at**  
.....

**My phone number is**  
.....

**If you are self-isolating due to COVID-19 I can help with:**

<input type="checkbox"/> Picking up shopping	<input type="checkbox"/> Posting mail
<input type="checkbox"/> A friendly phone call	<input type="checkbox"/> Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

**Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.** **#ViralKindness**

**Ian** has sent out an email asking people to support another local business and generous donor to our fund-raising events.

**Adrian** from **Marmion Fresh in Marmion Street, Melville** is offering to deliver goods to those who shouldn't or can't be out.

You email what you want, plus your address, he calls you later to say if it is or isn't available, gives you the cost, you pay by credit card and it's delivered – free.

If you are interested, his email address is: [adrians5@bigpond.com.au](mailto:adrians5@bigpond.com.au)  
They stock a huge range of goods as well as fruit, veg, milk products and cold meats.  
Excellent quality, excellent people and service. Visit their website [here](#).

### Spinnaker Health Research Foundation

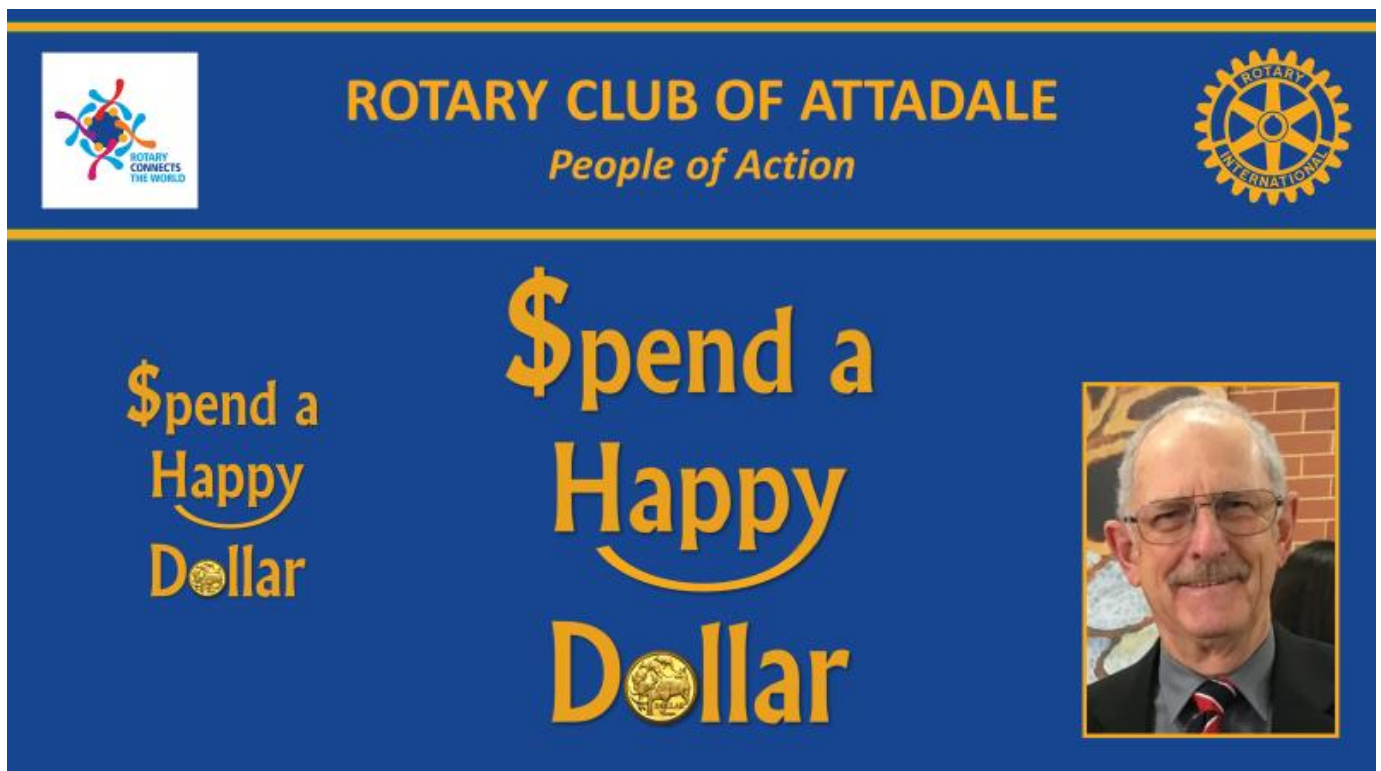
**Rod** was very proud to share the news that Spinnaker Health Research Foundation, had listed the Rotary Clubs of Attadale and Fremantle as Life Donors, on their Donor Honour Board due to the substantial annual donations they have received from our Rotary Charity Golf Day over a number of years.

### Family of Rotary

**John** went around the group asking how everyone was faring in these difficult times and asked if they needed any help.

It was very interesting hearing how everyone was managing.

### Happy Dollars ~ Happy Stories



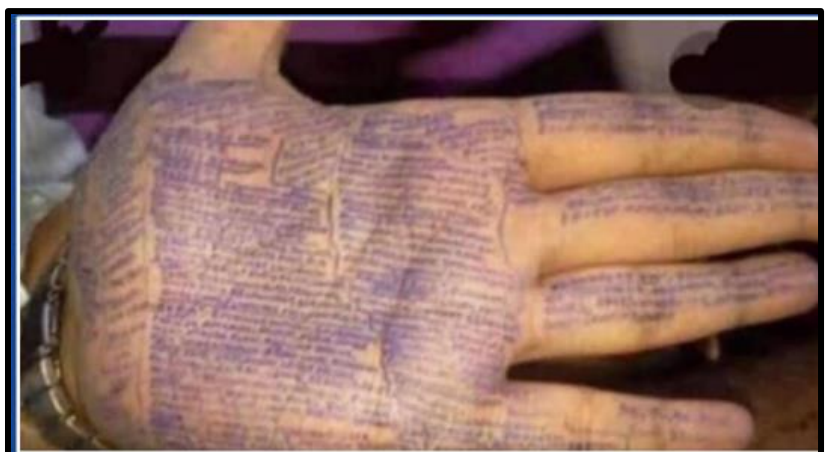
The banner features the Rotary Club of Attadale logo on the left and the Rotary International logo on the right. The central text reads "ROTARY CLUB OF ATTADALE" in large yellow letters, with "People of Action" in a smaller font below it. The main theme is "Spend a Happy Dollar", with the word "Dollar" containing a gold coin graphic. A portrait of a man in a suit and glasses is shown on the right side of the banner.

To bring a little light-heartedness and fun, **Colin** had people share some happy stories.

He then entertained us with: -



*Toilet paper kept in a safe and issued one sheet at a time.*



Hands washed so often, revealed notes from middle school exams




*Throat spray to be used 3 times a day  
for Coronavirus*

**THEY SAID A MASK  
AND GLOVES WERE  
ENOUGH TO GO TO  
THE GROCERY STORE**

**THEY LIED,  
EVERYBODY ELSE  
HAD CLOTHES ON**

**Very wise words for us all to heed**

**Going outdoors  
is not cancelled, listening  
to music is not cancelled,  
quality time with our  
families is not cancelled,  
reading a book is not  
cancelled, sharing with  
friends is not cancelled,  
singing out loud is not  
cancelled, laughing has  
not been cancelled,  
sharing **HOPE** with others  
has not been cancelled.  
Let's **EMBRACE** what  
we have.**



Kelly's  
Treehouse

**Stay safe and in close contact with family and friends  
especially those that may be isolated.**



---

## COVID-19

The WA Department of Health recommends that the following behaviours should be promoted:

- practice good respiratory and hand hygiene
- wash hands regularly with soap and water for 20 - 30 seconds, or use an alcohol-based hand rub
- wash your hands before and after eating
- don't touch your face
- cough or sneeze into your elbow or a tissue and dispose of used tissues immediately
- hand hygiene after coughing, sneezing or blowing nose

### **Practice social distancing;**

- refrain from hand shaking
- keep one and a half metres from others where possible
- **and stay home if you are unwell:** even if you don't think you could have COVID-19

People who have returned from a country or region that is at high or moderate risk for COVID-19 should monitor their health closely.

If you develop symptoms including a fever and cough you should isolate yourself immediately and urgently seek medical attention.

Go to [www.health.gov.au/covid19-travellers](http://www.health.gov.au/covid19-travellers) for the list of at-risk countries.

People who think they may have been in close contact with a confirmed case of coronavirus should also monitor their health and seek urgent medical attention.

We are following the current WA Department of Health recommendations which we feel are the most reliable for our circumstances.

Please follow these recommendations closely for the good of all members, particularly those who are in the higher risk category.

**The Prime Minister has announced,**

**'ALL arrivals to Australia from overseas will to be forced to self-isolate for 14 days, this is effective from midnight Sunday 15 March 2020.'**

---