

ATTADALE View

V41 | N° 12 | 16 / 10 / 2023

President's Meeting Report for 16 October 2023



President Bev Moffat

With many of our members currently travelling, it was a cosy group that met on Monday night. We were delighted to welcome Vivian Stuart as our guest speaker.

Vivian started off by thanking Rotary Club of Subiaco who chose her son as an exchange student. His time in Norway was the making of him and the beginning of a terrific career. Vivian is the author of the novel *Acacia House*, a story which has its central theme around palliative care. Vivian mentioned that about 30 years ago, palliative care was generally end of life care for people with some form of cancer, which is what she was doing as a nurse at the Cancer Foundation Cottage Hospice. These days, palliative care is very different and more of a holistic approach and not only for end-of-life cancer patients. Vivian thought that there was a need for a greater awareness of end-of-life care, and as there have been many advances in this area over the past 100 years, such as new or improved antibiotics, organ transplants and many other factors making curative care far more attractive, which led to her writing the book. During a recent survey in Australia, it was found that 84% of people felt that an end of life plan was an excellent idea as it allowed them to determine the sort of care they would want to receive at the end-of-life, but only 10% had one.

Vivian's experience with end-of-life care started in the late 1960's, when care was more about getting the jobs done. Nurses often did not know patients' names and worked on an allocated task rather than holistic care. People dying in did not get good care, and conversations around death were taboo both in hospitals or hospices, as well as in society at the time. Many times, people were not surrounded by loved ones. In addition, opiates could not be given to patients who were dying or in pain any more often than every 4 hours, which led to a lot of awful deaths. Thirty years later, Vivian was working at the Cancer Foundation Cottage Hospice Shenton Park where she learnt about palliative care. Patients came for respite, and later for end-of life care, until the hospice was closed in 2006.

Two year later, Vivian's father died in terrible physical and existential pain. As he did not have cancer, he was unable to receive palliative care. She was studying Creative Writing at the time and thought that writing a novel may be a way to change things and so the idea of a mythical hospice based in Perth, *Acacia House*, was born. Vivian's research took her to South Africa and Ireland and led to her story about 3 nurses from different parts of the world, who come to Perth and work at *Acacia House* in palliative care. She gave us a little background on some of the characters in the book and read us a couple of excerpts. Vivian's caring attitude and love of her role in palliative care was very evident as she spoke, and it was a good reminder that we have the power to determine what happens at the end of our lives, by ensuring that we have an Advance Care Plan. Vivian's book was available for purchase on the night, and I look forward to reading my copy.



Vivian spoke of community workshops on Advance Care Planning run by Palliative Care WA and encouraged everyone to investigate attending one of these to learn more about the options. Further information can be found at www.palliativecarewa.asn.au. Having a plan can help you avoid ending up in an ambulance and subsequently in hospital, when that is not what you want to occur. It was a pleasure to thank Vivian for her very thought-provoking talk.

Joyce asked Vivian to draw the door prize - Martin Houchin was the winner of a bottle of white wine. Martin then asked Vivian to draw the ticket for the Joker pick. Ian was the winner of a bottle of red wine as the Joker once again remained elusive.

Vice-President John Sharp advised that there were three sheets circulating and volunteers were being sought for the Makers Market on Sunday 5th November, Biennale parking on 10th and 11th October for 3 hours each night, and volunteers are required for the Jacaranda Festival on the 19th November. Each member is being asked to commit to a total of 6.5 hours on the above fund-raising activities. If you have not yet added your name to any of the lists, please contact John.

I asked members to remember that Helen Carwardine is doing the Tarkine Trek for ShelterBox this week, and that it would be wonderful if we could all send her messages of encouragement. A reminder that 24 October is world Polio Day and if you are considering a donation to the cause, the 24th October would be a meaningful date to do so. A reminder that nominations for Board position are now open, all positions are vacant except Vice-President. If you are interested in any of the roles but do not wish to take it up on your own, speak to some of the other members about doing the role on a job-share basis. Nominations close on 06 November.

As Martin will be away for an extended period, we are looking for a volunteer to touch base with Guest Speakers a week or so prior to their meeting date to reconfirm attendance and details. There are only two of these before Christmas, if you are able to assist, please contact Bev. Volunteers are also being sought to assist with NYSF in January 2024.

Jeff Spickett ran our Happy Dollar session and managed to extract quite a few dollars to add to the coffers. Thanks were once again passed on to Vivian Stuart for her fascinating talk and to Jim Calcei for the (delicious!!) sweet treats.

Our Guest Speaker at the meeting on 06 November is Sue Boyd, who will be talking about her journey through international affairs.

The roster for 06 November:

Set up and Pack Up	Llew Withers
Attendance	Joyce Smith & Kerry Scott
Invocation	Ian Pittaway
Joker	Jim Calcei
Happy Dollars	Colin McCulloch
Charge	Gail McCulloch
Sweet Treats	Abby Parsons

A reminder to please arrange for a substitute for your task if you are unable to attend the meeting.

Wishing you all a great week.

Yours in Rotary
Bev

The roots of Rotary's polio eradication efforts



Representatives from Rotary International and the government of the Philippines sign the agreement that starts Rotary International's first polio project

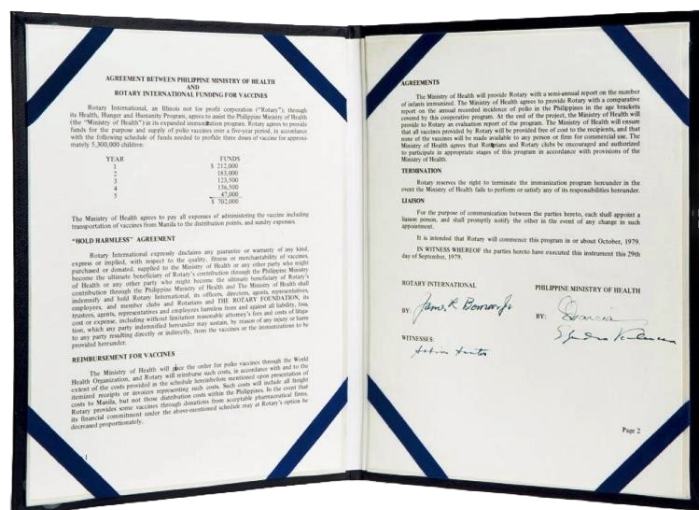
On 29 September 1979, volunteers administered drops of oral polio vaccine to children at a health center in Guadalupe Viejo, Makati, Philippines. The event in metropolitan Manila was arranged and attended by Rotarians and delegates from the Philippine Ministry of Health.

When James L. Bomar Jr., then RI president, put the first drops of vaccine into a child's mouth, he ceremonially launched the Philippine poliomyelitis immunization effort. Rotary's first Health, Hunger and Humanity (3-H) Grant project was underway.

Bomar and Enrique M. Garcia, the country's minister of health, had earlier signed an agreement committing Rotary International and the government of the Philippines to a joint multiyear effort to immunize about 6 million children against polio, at a cost of about \$760,000.

In a 1993 interview, Bomar reminisced about the trip. He recalled how the brother of one of the children he had immunized tugged on his pant leg to get his attention and said, "Thank you, thank you, Rotary."

The project's success led Rotary to make polio eradication a top priority. Rotary launched PolioPlus in 1985 and was a founding member of the Global Polio Eradication Initiative in 1988. Through decades of commitment and work by Rotary and our partners, more than 2.5 billion children have received the oral polio vaccine.



The 1979 agreement between Rotary International and the Philippine Ministry of Health for a joint multi-year effort to immunize children against polio

- [Watch Past RI Director M.A.T. Carapas speak at the event](#)
- [Interactive timeline](#) of Rotary's polio efforts
- [Read the latest](#) on Rotary's polio efforts



1. Speaker Vivien Stuart
2. Vivien and Joyce picking the door prize winner
3. Martin accepting the bottle of wine
4. Vivien and Martin picking the joker winner



5. Ian missing out on selecting the joker
6. Ian with winners bottle
7. Bev with guest speaker Vivien Stuart
8. Bev presenting Neil with anniversary cake



Fremantle Biennale Parking Volunteers

What to bring:

A good torch if you have one. Warm clothes as it may get cold near the river. All volunteers will be given a yellow hi-vis vest so there is little point in wearing a club T-shirt

When to come:

Please plan to assist from 6.00 to 9.00pm. We should finish the clean up before 9.00.

What will you be doing:

There will be separate task allocations for before the show and after. You will receive more briefing on the night. Brief job descriptions are given below.

Volunteer Roster Before the Show	Friday 10th November	Saturday 11th November
Co-ordinator		
Collect Cash 1	Rod Rate	John Sharp
Collect Cash 2		
Collect EFTPOS	Joyce Smith	
Parking 1	Bev Moffat	
Parking 2	Mick Donnes	Mick Donnes
Parking 3		
Greet—Direct—Map		

PLEASE EMAIL John Sharp with your nomination so the roster can be updated in the bulletin

Job Descriptions — Before the show

Collect cash 1 & 2

- Approach every car and request a donation that will be placed in a small collection bucket. Thank them direct them to follow the witches' hats all the way around until they see the attendant in hi-vis with the red wand.
- If they have no cash direct them to our EFTPOS person.
- We will have a small float in the collection buckets if change is required in the early part of the night.

Collect EFTPOS

- Use our new Tyro EFTPOS terminal to take donations.
- Try to upsell to more than just a gold coin. Do not offer a receipt but give one if requested.
- Thank them and direct them on to follow the witches' hats all the way around until they see the attendant in hi-vis with the red wand.

Parking 1

- Direct all cars into the bay that we are using.

Parking 2 & 3

- Direct the cars into the next available spot and line them up as close to the line as possible.
- Tell the drivers they will be able to drive out forwards.
- We want all cars facing west. In each bay we will have two lines of cars. The first (front) line will fill from the river end and the back row will fill from the south end (so that the parking people don't have to walk 190m to start that row)
- Telephone Parking 1 person when the first bay is full and it is time to change to the next bay.
- Move over to the next bay and fill it as before.

After the show:

- Volunteers should enjoy the show then move promptly to their assigned position.
- The crew at the entry / donation collection point have a long trek so we will organise a car for them.
- All volunteers are basically on "police point duty" directing the cars and stopping the flow to allow cars from the other direction to enter. Let 5 or 10 or whatever through and then change back.

Cleaning up

- When the traffic has thinned and does not require our intervention, please assist with the clean-up. More details will be given on the night.

THANKS FOR VOLUNTEERING
We hope we have a good experience and make lots of money

October Rotary Observances

Community Economic and Development Month

Ten Things You Can Do to be Intentional about Community and Economic Development

1. Support Local Businesses including local Minority Owned Businesses.
2. Assess needs at schools serving low-income students. Organize projects to meet needs such as school supplies, tennis shoes, snacks for hungry kids; so these do not become disruptors for classes.
3. Be certain feminine product needs are met at middle and high schools.
4. Work with local business community to address job training needs.
5. Organize Early Act, Interact and Rotaract Clubs to teach understanding and respect for all.
6. Organize microfinance loans to support community economic development.
7. Organize a social project that brings different segments of your community together for introduction, interaction, and fellowship.
8. Develop a community garden.
9. Organize a community beautification, tree planting, cleanup, or other project to bring community members together and build relationships and pride.
10. Support a TRF Economic and Community Development Project.

*Image and article credit:
Rotary Action
Group for Peace*



WORLD POLIO DAY
24 OCTOBER #EndPolio | endpolio.org

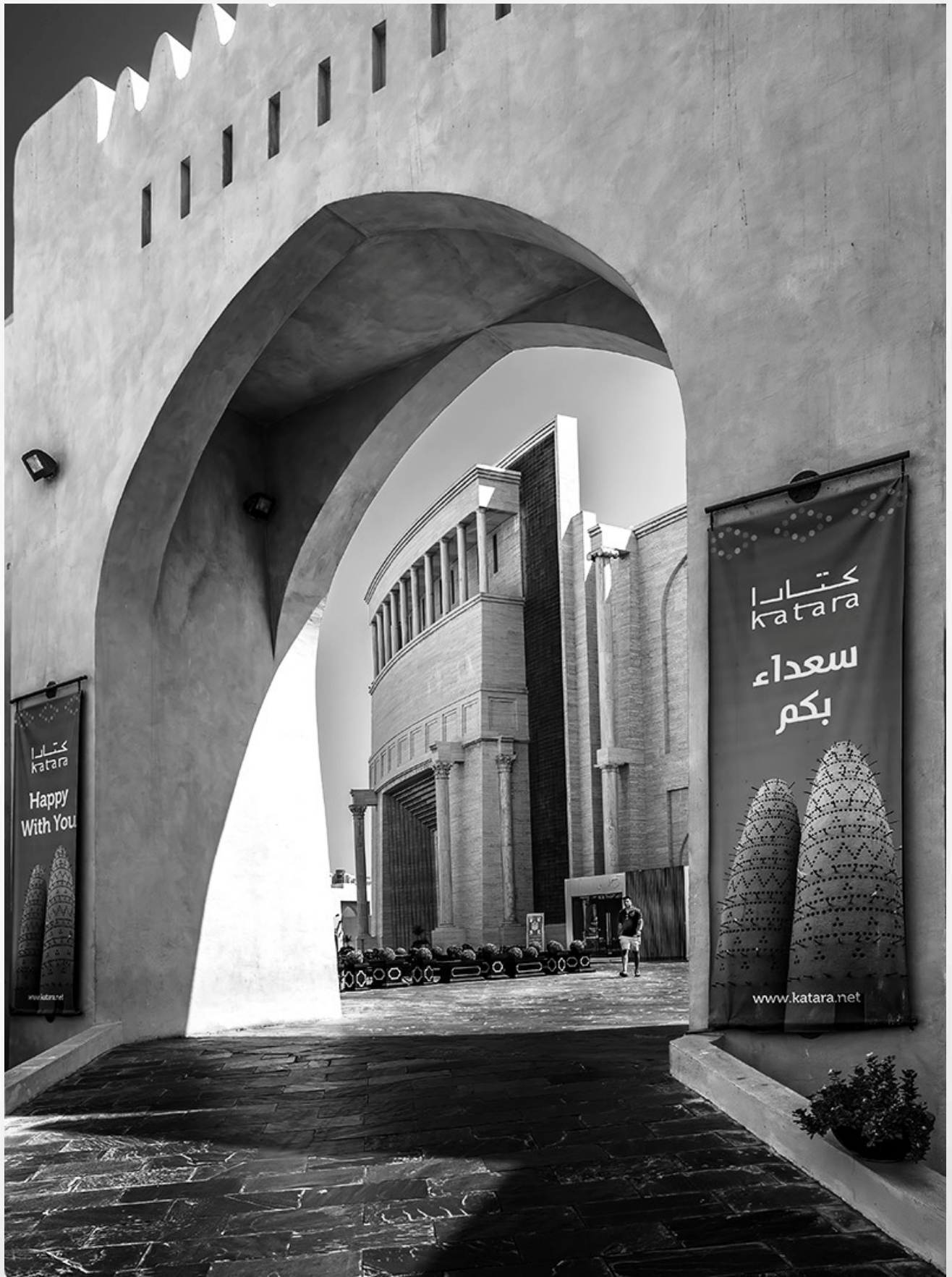
[World Polio Day](#), 24 October, is right around the corner. As a club or district leader, you can help us achieve our goal of a polio-free world by sharing the latest polio updates with your club members and in your community, as well as by continuing to [raise funds for PolioPlus](#). Every dollar raised will be matched 2-to-1 up to US\$150 million!



Join the World Interact Week celebration

World Interact Week (30 October - 5 November) is an opportunity to celebrate the power of Interact while connecting with Interactors around the world! The 2023-24 Youth Advisory Council is hosting a [LIVE Facebook event](#) on 1 November 2023, 5:30 PM Chicago Time (UTC-5) to discuss youth voice and youth belonging within Rotary. RSVP to attend at the link below.

[JOIN THE PARTY](#)



Through the Arch by ©Jeff Spickett



PORTCARE

If anyone has recycled clothing at home to go to PortCare, I can arrange to come and pick up clothing and take it. I have taken two boot loads so far this year in addition to other clothing dropped by Rotarians. Send me a message on mellview@bigpond.com with your contact details and I will arrange a collection.

~ Llew Withers

BUY YOUR ENTERTAINMENT BOOK NOW

SUPPORT ROTARY CLUB OF ATTADALE

\$14.00 from each book purchased goes to our Club Use this link to find out more <https://www.entertainmentbook.com.au/orderbooks/8788p4>

- **Save up to 50% on dining, shopping and many more things to do**
- Unlock over \$20,000 of potential savings with an Entertainment Membership.
- Redeem at over 15,000 locations across Australia & New Zealand. New offers added daily.

Entertainment fundraisers retain 20% of every Membership they sell

Please nominate yourself for these sessions between 8:30 & 12:30 on the remaining two Sunday mornings	5/11/23	17/12/23
	Heathcote Lowlands 08:30—12:30	
Mal Bennett	YES (2hrs)	
Betty Bright		YES
Jim Calcei	8:30-10:30	
Helen Carwardine		
Selwyn Castles		
Mick Donnes		
Martin Houchin		YES
Shelley Konig		
George Lewkowski		
Pete Locher-Davis		
Sheri Locher-Davis		
Winston Marsh		
Carole Maxwell		
Colin McCulloch		
Gail McCulloch		
Neil McKay		
Bev Moffat	YES	
Charles Moffat		
Abby Parsons		
Kerry Parsons		
Ian Pittaway	YES (2hrs)	
Rod Rate		
Kerry Scott		
John Sharp		
Joyce Smith		YES
Della Smith-Rawlins		
Jeff Spickett	10:30-12:30	
Llew Withers	YES	
Volunteers available	4	3
Volunteers needed	4	4



Jacaranda Festival

19 November: 8:30 am to 3:30 pm., Stack Lane entry point

**Please nominate your availability for the following times,
collecting donations at the Stack Lane Entrance**

Please nominate yourself for one of three roles: +Setup

- a. **A person to welcome the public and guide them towards the donation points (Welcome)**
 - i. reference the two options to make a donation:
 - "if you want EFT, go over there";
 - "if you want to make a cash donation, go to the spinner".
 - ii. Answer any questions as efficiently as possible to keep the queue moving
 - iii. Refer to the Applecross Story Board that will be in place at each entry point.
 - iv. Refer to the QR code that allows patrons to see the site map, stall locations and other useful information.
 - v. Ask the queue to make way for disabled and/or aged patrons.
 - vi. Discourage dogs. They get frightened and hot in the event space
- b. **One person at a bar stool to solicit EFT donations at the eye level of the patrons. (EFTPOS)**
- c. **One or two persons at a spinner to solicit cash donations. (Spinner)**
 - vii. Keep a distinct separation between the spinner and the table with the EFT points.
 - viii. All donations are a voluntary act; patrons do not have to offer a donation.
 - ix. We prefer to ask for a donation,
 - **do not ask for a "gold coin", and the best option is an EFT donation.**

How to Engage

- Be friendly and positive.
- Engage with the patrons.
 - Offer a warm and enthusiastic welcome.
 - Smile.
 - Offer patrons a site map.
 - Look patrons in the eye. Ask for a donation.
- Use the terms "welcome", "enjoy the event".
- Ask very directly: Please make a donation.
 - Repeat the message in case they did not hear the first time
- Move forward to close the interpersonal space
- Within reason, plead for a donation.

What to expect:

- You must sign in/out at the Rotary table near the car park entrance.
- Wear a hat and sunscreen. Bring a water bottle. Water is available on-site at the water tanks.
- If you get too hot, please move away to a safer area, or go to Kim Giddens office space.

Comments:

- In an emergency call Kenn (0428 472 619) or Peter (0488 747 140)

Roster

PLEASE EMAIL [John Sharp](#) with your nomination so the roster can be updated in the bulletin

Number of collectors needed	2 - 3	3 - 4	3 - 4	3 - 4	3 - 4
	08:00-08:30	08:30-10:30	10:30-12:00	12:00-13:30	13:30-15:30
Mal Bennett					
Betty Bright					
Jim Calcei					
Helen Carwardine					
Selwyn Castles					
Mick Donnes	Set up	Spinner			
Martin Houchin					
Shelley Konig		Welcome			
George Lewkowski					
Winston Marsh					
Carole Maxwell					
Colin McCulloch					
Gail McCulloch					
Neil McKay					
Bev Moffat					
Abby Parsons					
Kerry Parsons					
Ian Pittaway			Spinner		
Rod Rate		EFTPOS			
Kerry Scott					
John Sharp	Set up				EFTPOS&Pack up
Valerie Sim					
Joyce Smith					
Della Smith-Rawlins					
Jeff Spickett		Spinner			
Llew Withers	Set up				
T O T A L					



BOARD AND OFFICERS 2023-2024

President Bev Moffat
Vice President John Sharp
Secretary Colin McCulloch
Treasurer Neil McKay

Membership Director John Sharp
Service Projects Director Shelley Konig
Charity Golf Day Director Rod Rate
Vocational Service Director Selwyn Castles
Community Service Director Llew Withers
International Service Director Helen Carwardine
Youth Service Director Joyce Smith

Attendance Officer/s Betty Bright, Joyce Smith, & Kerry Scott
Family of Rotary Ian & Jacquie Pittaway
Foundation & Global Grants Ian Pittaway
Meeting Venue & Succession Planning Bev Moffat
Programmes Martin Houchin
Protection and Insurance Llew Withers
Social Media Helen Carwardine / Gail McCulloch
Training & Mentoring Winston Marsh

MEETING DETAILS:

The Rotary Club of Attadale meets every first 3 Mondays of the month
6:00 for a 6:30PM start, at the Royal Fremantle Golf Club.

Meeting and meal: \$32 Meeting without meal: \$10

Pay at the door by credit card

If you would like to:

- visit our meeting, please contact our [Attendance Officer](#) no later than 9AM on the morning of the meeting
- speak to our Club, please contact our [Programme Chair](#)
- join the Rotary Club of Attadale, please fill in the [Contact Form](#). You will be invited to one of our meetings to meet our members and see how our club operates. You will be made very welcome.

Contact Us:

- [Email](#)
- [Website](#)
- [Facebook](#)
- [Twitter](#)