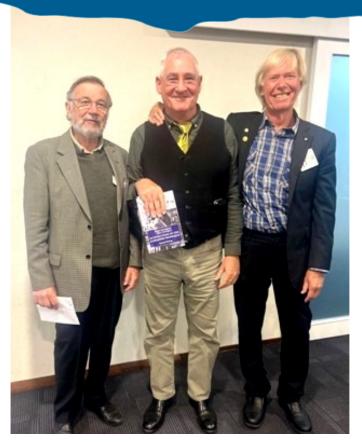


October: Community Economic and Development Month

Meeting photos courtesy of Helen Carwardine



Speaker Glenn Swift from Alexander Technique flanked by Neil McKay and Martin Houchin.

Glenn Swift began working as a professional actor even before attending the WA Academy of Performing Arts Acting course at age 23. One of the core units was the Alexander Technique — a curious and very particular technique for changing the balance of the head on the spine which affects balance, breathing and articulation of the entire body, including the organs of speech.

Glenn received a study grant from the WA Arts Council to complete the three-year training for teacher accreditation in 1985-87 and returned to WAAPA as a member of the teaching staff.

Over ten years many talented actors passed through his hands including Hugh Jackman, who can be found on YouTube saying something nice about his Alexander education.

Glenn has for many years had a parallel career as a Storyteller, which has taken him around the state and around the world. He continues teaching in private practice in Fremantle.





Jeff Spickett was the door prize winner, and Winston, Raffle winner, but no luck with the Joker



Celebrate Community Economic Development



• Contact your district international service chair, who can connect you with other local experts, such as members of the <u>District Resource Network</u>.

and generating income, we can reduce poverty. During Community Economic Development Month, consider how you can address community needs and challenges. These Rotary

resources can help you start a local project or support an international one:

• Contact a <u>Rotary Action Group</u> to get expert advice on planning and implementing a project and help finding partners, funding, and resources. Many of these groups, for example, the action groups for <u>community economic development</u>, <u>disaster assistance</u>, and <u>food plant solutions</u>, focus on economic issues.

You can involve community members in your work:

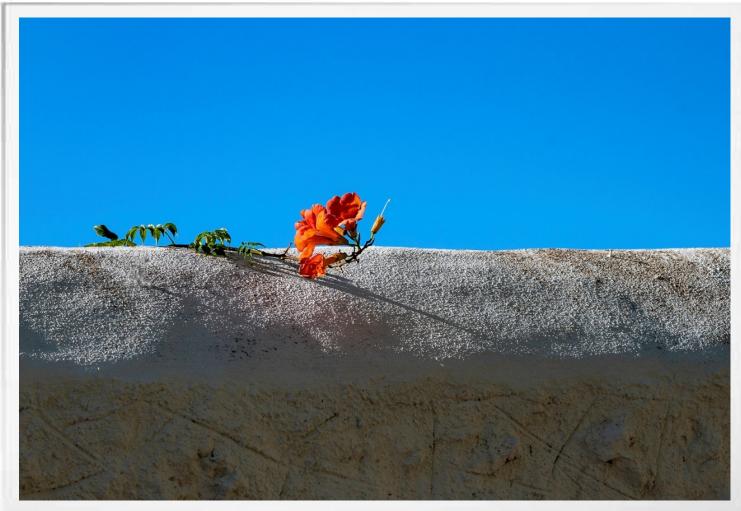
- Sponsor or work with a <u>Rotary Community Corps</u>, which can engage members of the community where you're working and help a project become sustainable by empowering local leaders.
- Contact your district community service chair, who can advise you about developing local projects to address your community's needs. The service chair can also connect you to local organizations, district committees, and other Rotary groups that focus on service.

You can increase your impact by working with one of Rotary's service and project partners:

- Ashoka helps find creative solutions to social problems.
- <u>Habitat for Humanity International</u> provides safe and affordable homes to families in need.
- The <u>Peace Corps</u> promotes peace and community development.
- <u>ShelterBox</u> responds to disasters and emergencies with community assessments, temporary shelter, and essential aid.

Visit our Rotary Service in Action blog for <u>stories about members and participants supporting</u> <u>community economic development</u> that will inspire your next project.

Jeff's Pick





Memory of a Greek Island by ©Jeff Spickett

October Life Events

03	Ron Day*	Birthday
03	Elaine & Mal Bennett	Wedding
07	Robin Robinson*	Birthday
13	Wendy Castles*	Birthday
22	Winston Marsh	Birthday
22	Greg James*	Birthday
28	Giovanna* & Neil McKay	Wedding

*Honorary member / spouse

GET READY FOR WORLD POLIO DAY



World Polio Day, 24 October, is approaching fast. Help us achieve our goal of a polio-free world by raising funds for PolioPlus. Every dollar raised will be matched 2-to-1, for a total of up

to US\$150 million! Don't forget to register your club's participation. You'll also find a variety of resources to help you plan and promote actions on our World Polio Day Resources page.

Jacaranda Festival

19 November: 8:30 am to 3:30 pm., Stack Lane entry point

Please nominate your availability for the following times, collecting donations at the Stack Lane Entrance

Please nominate yourself for one of three roles: +Setup

- a. A person to welcome the public and guide them towards the donation points (Welcome)
 - i. reference the two options to make a donation:
 - "if you want EFT, go over there";
 - " "if you want to make a cash donation, go to the spinner".
 - ii. Answer any questions as efficiently as possible to keep the queue moving
 - iii. Refer to the Applecross Story Board that will be in place at each entry point.
 - iv. Refer to the QR code that allows patrons to see the site map, stall locations and other useful information.
 - v. Ask the queue to make way for disabled and/or aged patrons.
 - vi. Discourage dogs. They get frightened and hot in the event space
- b. One person at a bar stool to solicit EFT donations at the eye level of the patrons. (EFTPOS)
- c. One or two persons at a spinner to solicit cash donations. (Spinner)
 - vii. Keep a distinct separation between the spinner and the table with the EFT points.
 - viii. All donations are a voluntary act; patrons do not have to offer a donation.
 - ix. We prefer to ask for a donation,
 - do not ask for a "gold coin", and the best option is an EFT donation.

How to Engage

- Be friendly and positive.
- Engage with the patrons.
 - Offer a warm and enthusiastic welcome.
 - Smile.
 - Offer patrons a site map.
 - Look patrons in the eye. Ask for a donation.
- Use the terms "welcome", "enjoy the event".
- Ask very directly: Please make a donation.
 - Repeat the message in case they did not hear the first time
- Move forward to close the interpersonal space
- Within reason, plead for a donation.

What to expect:

- You must sign in/out at the Rotary table near the car park entrance.
- Wear a hat and sunscreen. Bring a water bottle. Water is available on-site at the water tanks.
- If you get too hot, please move away to a safer area, or go to Kim Giddens office space.

Comments:

• In an emergency call Kenn (0428 472 619) or Peter (0488 747 140)



PLEASE EMAIL John Sharp with your nomination so the roster can be updated in the bulletin

Number of collectors needed	3 - 4	3 - 4	3 - 4	3 - 4
	08:30-10:30	10:30-12:00	12:00-13:30	13:30-15:30
Mal Bennett				
Betty Bright				
Jim Calcei				
Helen Carwardine				
Selwyn Castles				
Mick Donnes				
Martin Houchin				
Shelley Konig				
George Lewkowski				
Winston Marsh				
Carole Maxwell				
Colin McCulloch				
Gail McCulloch				
Neil McKay				
Bev Moffat				
Abby Parsons				
Kerry Parsons				
lan Pittaway				
Rod Rate				
Kerry Scott				
John Sharp	Setup & EFTPOS			
Valerie Sim				
Joyce Smith				
Della Smith-Rawlins				
Jeff Spickett				
Llew Withers				
TOTAL				

Makers Market Parking Roster 2023

	nate yourself for	5/11/23	17/12/23	
12:30 on the	s between 8:30 & e remaining two mornings	Heathcote Lowlands 08:30—12:30		
Mal	Bennett			
Betty	Bright			
Jim	Calcei			
Helen	Carwardine			
Selwyn	Castles			
Mick	Donnes			
Martin	Houchin			
Shelley	Konig			
George	Lewkowski			
Sheri	Locher-Davis			
Pete	Locher-Davis			
Winston	Marsh			
Carole	Maxwell			
Colin	McCulloch			
Gail	McCulloch			
Neil	McKay			
Bev	Moffat			
Charles	Moffat			
Abby	Parsons			
Kerry	Parsons			
lan	Pittaway			
Rod	Rate			
Kerry	Scott			
John	Sharp			
Joyce	Smith	YES		
Della	Smith-Rawlins			
Jeff	Spickett			
Llew	Withers			
Vol	unteers available	1	0	
Vo	olunteers needed	4	4	

BUY YOUR ENTERTAINMENT BOOK NOW

SUPPORT ROTARY CLUB OF ATTADALE \$14.00 from each book purchased goes to our Club Use this link to find out more https://www.entertainmentbook.com.au/ orderbooks/8788p4

- Save up to 50% on dining, shopping and many more things to do
- Unlock over \$20,000 of potential savings with an Entertainment Membership.
- Redeem at over 15,000 locations across Australia & New Zealand. New offers added daily.

Entertainment fundraisers retain 20% of every Membership they sell

PORTCARE

If anyone has recycled clothing at home to go to PortCare, I can arrange to come and pick up clothing and take it. I have taken two boot loads so far this year in addition to other clothing dropped by Rotarians. Send me a message on mellview@bigpond.com with your contact details and I will arrange a collection.

~ Llew Withers





BOARD AND OFFICERS 2023-2024

President Bev Moffat
Vice President John Sharp
Secretary Colin McCulloch
Treasurer Neil McKay

Membership Director John Sharp
Service Projects Director Shelley Konig
Charity Golf Day Director Rod Rate
Vocational Service Director Selwyn Castles
Community Service Director Llew Withers
International Service Director Helen Carwardine
Youth Service Director Joyce Smith

Attendance Officer/s Betty Bright, Joyce Smith, & Kerry Scott

Family of Rotary Ian & Jacquie Pittaway

Foundation & Global Grants Ian Pittaway Meeting Venue & Succession Planning Bev Moffat

Programmes Martin Houchin

Protection and Insurance Llew Withers

Social Media Helen Carwardine / Gail McCulloch

Training & Mentoring Winston Marsh

MEETING DETAILS:

The Rotary Club of Attadale meets every first 3 Mondays of the month 6:00 for a 6:30PM start, at the Royal Fremantle Golf Club.

Meeting and meal: \$32 Meeting without meal: \$10

Pay at the door by credit card

If you would like to:

- visit our meeting, please contact our <u>Attendance Officer</u> no later than 9AM on the morning of the meeting
- speak to our Club, please contact our <u>Programme Chair</u>
- join the Rotary Club of Attadale, please fill in the <u>Contact Form</u>. You will be invited to one of our meetings to meet our members and see how our club operates. You will be made very welcome.

Contact Us:

- Email
- Website
- Facebook
- Twitter