

Rotary
Club of Attadale



July is Maternal and Child Health Month

ATTADALE View

V41

Nº 01

03 July 2023

2023 Report on Rotary Club of Attadale Dinner Meeting Monday 3 July



President Bev Moffat

Introduction

As President Bev Moffat was unable to attend this meeting due to family commitments, Gail McCulloch conducted the meeting and wrote this report.

Welcome

Gail was delighted to welcome our guest speaker Tor Taranto who founded the Cana Organisation in Perth. She was likewise pleased to welcome, also from Cana, Belinda Murray who is benefitting from the Cana organisation, and Connie Tierney, who is a friend of Shelley's Konig's, a regular helper at Cana, and we have had the pleasure of her company at our meeting before.

Announcements

- **Helen Carwardine** gave a report on the ShelterBox Fundraiser she organised for Sunday 2 July.

This was a Yum Cha Brunch held at Sweetwater in East Fremantle, and was very well attended. There was a Silent Auction with 23 items, which raised **\$2,198**, thanks to the very generous bidding by those who attended. Helen was very grateful to all the people who donated to her Fund-Raising Page which resulted in raising \$2,552.07

Thanks to the generosity of donors, bidders and those attending the brunch Helen has raised an amazing amount for ShelterBox.

Helen is doing a five-day trek in the Tarkine, Tasmania, and to qualify to take part, she has to raise a minimum of \$3,000 for ShelterBox.

Congratulations Helen on exceeding this amount with a very enjoyable and successful event.

- **Llew Withers** has been busy collecting lots of items for Port Care, and urged members to contact him if they have anything they would like to donate and need help getting it there.
- **Selwyn Castles** thanked Colin and Gail McCulloch, Joyce Smith, and Ian Pittaway for helping with the drilling of holes and planting of over 1000 plants as part of a combined schools project with Peter Neesham and the Bicton Environmental Action Group along the Point Walter Reserve. Selwyn is organising a Club visit to Food Bank and will let members know the details next week.
- **Jim Calcei** reminded members that he is again organising the Love in a Shoe Box donations. He had the boxes to give out and urged members to fill and return them to him, as soon as possible.

Guest Speaker

Shelley Konig gave a very professional and interesting introduction to our guest speakers, Tor Taranto, and Belinda Murray.

The Cana Organisation

Tor Taranto outlined that the Cana Community is a not-for-profit charity, working with women, and families who have experienced homelessness, addiction, mental health issues, and other barriers that have prevented them from creating a positive life for themselves.

Through a relational model, they create inclusive communities and nurture dignity, hope and belonging, by offering accommodation, regular opportunities for people to come together, share a meal and companionship.

Their food truck has a weekly presence in Fremantle, as well as at other community events, where they offer those in their community, learning opportunities and employment.

Belinda Murray shared with us her journey that resulted in homelessness, and a feeling of hopelessness.

Thanks to the help she received at the Cana community, she has benefitted from the care, guidance, and work opportunities. She is now in a much happier and confident place.

Their talks were very thought provoking and insightful of the people's lives that they help.

Prize Winners

Mick was the happy winner of the Door Prize and Shelley the winner of the Joker Raffle, however she did not select the Joker card from the pack, so the prize money jackpots for next week.

Happy Dollars

Mick Donnes ran an entertaining Happy Dollar session resulting in lots of laughs and a few dollars in the kitty.

Board Meeting

The meeting on Wednesday 5 July will be held at the McCulloch's home, starting at 7.00pm.

Next Club Meeting

This will be held on Monday, 10 July, at the Royal Fremantle Golf Club, 6.00pm for a 6.30pm start.

Duties

Set up and Pack Up	Joker	Attendance & Door Prize	Happy Dollars	Invocation	The Charge	Sweet Treats
Helen	Martin	Betty and Kerry	Colin	Neil	Jeff	Ian

If you are unable to do your rostered duty, can you please organise a replacement and let Colin know the change.

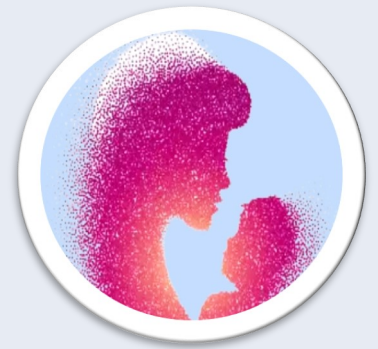
Before closing the meeting, Gail reminded members of the details of Delys Rodgers' funeral, to be held at 2.00pm, Monday, 10th July, at Bowra and O'Dea, 312 South St, Hilton.

Gail thanked Tor Taranto, Belinda Murray, and Connie Tierney, our special guests, and members for their attendance and invited all to stay for tea or coffee and sweet treats generously provided by Colin McCulloch.

Yours in Rotary
Gail McCulloch

Highlights this Month

July is Maternal and Child Health Month



BIRTHDAYS

09 July ~ Mal Bennett

14 July ~ Bev Moffat

22 July ~ Mick Donnes

24 July ~ George Lewkowski

ANNIVERSARIES

25 July ~ Abby & Kerry Parsons

26 July ~ Evadne & Jeff Spickett

INDUCTIONS

01 July ~ Ian Pittaway (1988)



Colin drilling holes



Selwyn and Gail planting

Colin and Peter Neesham taking the seedlings out of the pots



"Successful ShelterBox fundraiser brunch at Sweetwater, Sunday, 2nd July '23. Thank you to all those wonderful attendees, those working behind the scenes and our very generous sponsors - all contributing to an awesome day with much fun and laughter" —Helen




Photos courtesy of Colin and Gail
View more ShelterBox fundraiser photos here:
[2023 07 ShelterBox Yum Cha Fundraiser](#)





Gail McCulloch, Tor Taranto and Shelley Konig


Cana Communities
 nurturing
 dignity, hope +
 belonging



Belinda Murray, Tor Taranto, Connie Tierney and Shelley Konig

Presidential Initiative: Mental Health and Well-being



Rotary International President R. Gordon R. McNally wants Rotary to exist everywhere in a style that suits everyone who has the desire to work with us to do good. During this year, he'll focus on three presidential initiatives that Create Hope in the World: prioritizing mental health, building peace through virtual exchanges, and empowering girls.

Prioritizing mental health

Gordon encourages Rotary members to make mental health a priority. Rotary has a unique ability to connect people and cultures, giving hope and receiving it through acts of kindness. Now is the time to expand this culture of care — both within Rotary and in the world at large.

Providing care in such a way benefits not only the communities we live in and work with, but also our members as they take part in addressing mental health. Research shows that performing acts of kindness is the most effective way to protect our own sense of well-being and become more resilient.

Peacebuilding through virtual exchanges

Rotary has a long history of working for peace through personal connections, but the COVID-19 pandemic made it difficult to do that face to face. Inspired by what we learned from that time, Gordon encourages districts to incorporate virtual components into more of their programs, events, and activities. By using innovative technologies to make connections, we give more people the opportunity to experience our global community.

Adding or maintaining these components in Rotary Youth Exchanges, Rotary Friendship Exchanges, and other programs will:

- Give members and participants new ways to experience other cultures, make new friends, and broaden their global awareness
- Make participation more accessible to people with time, health, or financial considerations
- Build stronger intercultural communication and understanding, and ultimately foster more stable and peaceful communities

Empowering girls

Gordon continues the initiative launched by Past RI President Shekhar Mehta and carried on by Past RI President Jennifer Jones that focuses on elevating the voices and unlocking the power of girls and women around the world. He encourages members to keep finding ways to improve girls' health, well-being, education, economic security, and self-determination. Empowered girls become empowered women who can change the world.

Source: Rotary International
Read full article [here](#)

BUY YOUR ENTERTAINMENT BOOK NOW

SUPPORT ROTARY CLUB OF ATTADALE \$14.00 from each book purchased goes to our Club Use this link to find out more <https://www.entertainmentbook.com.au/orderbooks/8788p4>

- **Save up to 50% on dining, shopping and many more things to do**
- Unlock over \$20,000 of potential savings with an Entertainment Membership.
- Redeem at over 15,000 locations across Australia & New Zealand. New offers added daily.



Entertainment
fundraisers retain 20%
of every Membership
they sell



PORTCARE

If anyone has recycled clothing at home to go to PortCare, I can arrange to come and pick up clothing and take it. I have taken two boot loads so far this year in addition to other clothing dropped by Rotarians. Send me a message on mellview@bigpond.com with your contact details and I will arrange a collection. ~ **Llew Withers**



Rotary Partnerships



Could this be you in 2023?

**NATIONAL
YOUTH
SCIENCE
FORUM
YEAR 12
PROGRAM**

Applications now open!

Like tackling complex problems?

Unleash your problem-solving skills with other like-minded STEM enthusiasts at the 2024 NYSF Year 12 Program.

For more information, contact Joyce at joyce.s@iinet.net.au

Makers Market Parking Roster 2023				
Please nominate yourself for these sessions between 8:30 & 12:30 on the remaining three Sunday mornings		24/9/23	5/11/23	17/12/23
		Heathcote Lowlands 08:30—12:30		
First Name	Surname			
Mal	Bennett			
Betty	Bright			
Jim	Calcei			
Helen	Carwardine			
Selwyn	Castles			
Mick	Donnes			
Martin	Houchin			
Shelley	Konig	YES		
George	Lewkowski			
Sheri	Locher-Davis			
Pete	Locher-Davis			
Winston	Marsh			
Carole	Maxwell			
Colin	McCulloch			
Gail	McCulloch			
Neil	McKay	YES		
Bev	Moffat			
Charles	Moffat			
Abby	Parsons			
Kerry	Parsons			
Ian	Pittaway			
Rod	Rate			
Kerry	Scott			
John	Sharp	Overseas		
Joyce	Smith		YES	
Della	Smith-Rawlins			
Jeff	Spickett			
Llew	Withers			
Volunteers available		2	1	0
Volunteers needed		4	4	4

Rotary
Club of Attadale



Makers Market

BOARD AND OFFICERS 2023-2024

President	Bev Moffat
Vice President	John Sharp
Secretary	Colin McCulloch
Treasurer	Neil McKay

Membership Director	John Sharp
Service Projects Director	Shelley Konig
Charity Golf Day Director	Rod Rate
Vocational Service Director	Selwyn Castles
Community Service Director	Llew Withers
International Service Director	Helen Carwardine
Youth Service Director	Joyce Smith

Attendance Officer/s	Betty Bright, Joyce Smith, & Kerry Scott
Family of Rotary	Ian & Jacquie Pittaway
Foundation & Global Grants	Ian Pittaway
Meeting Venue & Succession Planning	Bev Moffat
Programmes	Martin Houchin
Protection and Insurance	Llew Withers
Social Media	Helen Carwardine
Training & Mentoring	Winston Marsh

MEETING DETAILS:

The Rotary Club of Attadale meets every first 3 Mondays of the month
6:00 for a 6:30PM start, at the Royal Fremantle Golf Club.

Meeting and meal: \$32 Meeting without meal: \$10

Pay at the door by credit card

If you would like to:

- visit our meeting, please contact our [Attendance Officer](#) no later than 10AM on the morning of the meeting
- speak to our Club, please contact our [Programme Chair](#)
- join the Rotary Club of Attadale, please fill in the [Contact Form](#). You will be invited to one of our meetings to meet our members and see how our club operates. You will be made very welcome.

Contact Us:

- [Email](#)
- [Website](#)
- [Facebook](#)