

Rotary



THE ATTADALE VIEW

N 42 – June 20 2019

The Rotary Club of Attadale,

Rotary International District 9465

PO Box 110, Melville, Western Australia 6156

The ROTARY CLUB OF ATTADALE

meets on Mondays at:

Tompkins on Swan

6.00pm for 6.30pm

Attendance officer:

Greg James 0427 020 682



BE THE INSPIRATION

Monday June 24

'CHANGE OVER DINNER'

Outgoing President: Ian Pittaway

Incoming President: Gail McCulloch

Chair ~ Ian Pittaway and Gail McCulloch

Host ~ Carole Maxwell

Both Set Up and Pack Up ~ Mal Bennett and Colin McCulloch

CLUB CALENDAR

2019

			Please note new Attendance requirements, below
June	Monday	17	Dinner Meeting ~ Mike Borowiec ~ 'Bee Firm NRG'
June	Monday	24	Changeover Night PARTNERS NIGHT ~ All Welcome
June	Saturday	29	District Changeover ~ 6-11pm ~ Melville Glades Golf Club
July	Monday	1	Dinner Meeting ~ Matt Taylor, CEO of the Western Rock Lobster.
July	Monday	8	Dinner Meeting ~ Daniel Lane ~ 'Perth Brain Centre'
July	Monday	15	Dinner Meeting ~ Kate Irwin ~ rising Star Awardee - SpaceCubed
July	Monday	29	Dinner Meeting ~ Professor Lyn Beazley ~ 'Women in Science' Celebrating 30 Years of Women in Rotary ~ OPEN NIGHT
August	Monday	19	Dinner Meeting ~ Dr Christine Cooper ~ Water Balance in Native Mammals'
August	Monday	26	District Governor Visit PARTNERS' NIGHT
Oct	Friday	25	IGWR Quiz Night
Nov	Saturday	16	Sausage Sizzle at Bunnings Melville
Dec	Saturday	14	Sausage Sizzle at Bunnings Melville
Dec	Monday	16	Christmas Dinner Meeting

Information
at your
fingertips.

Just click on
the button >



NEW WEB SITE



These links make it easy for you to access them so please use them often.

If you like and share the Facebook entries regularly it will keep you and others up to date as well as promoting the Rotary Club of Attadale.



Special Anniversaries for JUNE



2	Nancy Day Birthday	17	Max Anderson Birthday
4	Jim Calcei Birthday	20	Alan Morcombe Birthday
9	Llew Withers Induction 2003	21	Peter Field Birthday
13	Patricia Robertson Induction 2011	25	George Lewkowski Induction 1990
13	Gail McCulloch Induction 2011	26	Jim Trotter Induction
13	Colin McCulloch Induction 2011	27	Robin Hamilton Induction 1987
14	Dellys Rodgers Birthday	27	Penelope Johnson Induction 2011
14	Helen & Greg James Wedding	30	Keith Timmel Birthday
15	Gillian & Robin Hamilton Wedding	30	Derick Robertson Birthday
16	Betty Bright Birthday		

ROTARY SPECIAL MONTHS: JUNE IS ROTARY FELLOWSHIPS

The Rotary Club of Attadale would like to welcome visitors and prospective members to their meetings each week.

Come along and enjoy great fellowship and interesting guest speakers.

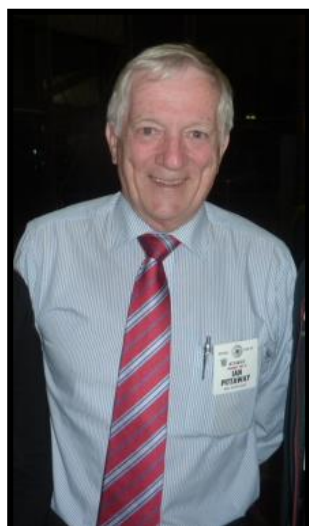
Visitors, members and guests should book in by phoning
or texting the Attendance Officer, **Greg James**, on
0427 020 682, as soon as possible,

but before 6.00pm on the Sunday prior to the Monday meeting.

Members, unless Greg receives an apology by 6.00pm on the Sunday
prior to the Monday meeting, the meal will need to be charged to you.

Change Over Night Next Monday June 24

Ian and **Gail** would love to have everyone come along and help celebrate this occasion.
It is a great opportunity to enjoy wonderful fellowship at the Rotary Club of Attadale.



*Outgoing President
Ian Pittaway*

2018 - 2019

Theme

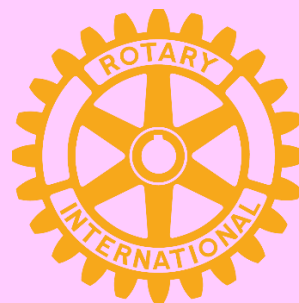
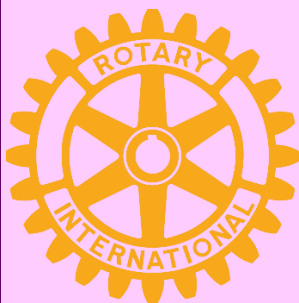


2019 - 2020

Theme



*Incoming President
Gail McCulloch*



*Outgoing President Ian Pittaway
and
Incoming President Gail McCulloch
offer a special invitation to
All members, partners, friends*

To attend our

CHANGE OVER DINNER

*To be held at Tompkins on Swan
On Monday, June 24th
6.00 for 6.30pm*

Pre-Dinner Drinks and Fellowship

*The Board has subsidized the total expenses of
the evening to keep the cost at just \$40.
Please RSVP to the Attendance Officer,
Greg James, on 0427 020 682 or email [here](#).*

Dinner Menu

Mains (alternate drop)

Crispy Skin Chicken Breast

*Served with Dauphinoise potatoes, asparagus
spears and finished with a champagne sauce.*

or

Moroccan Lamb Shank

*Served with seasonal vegetables on a bed of
mashed potatoes and green peas.*

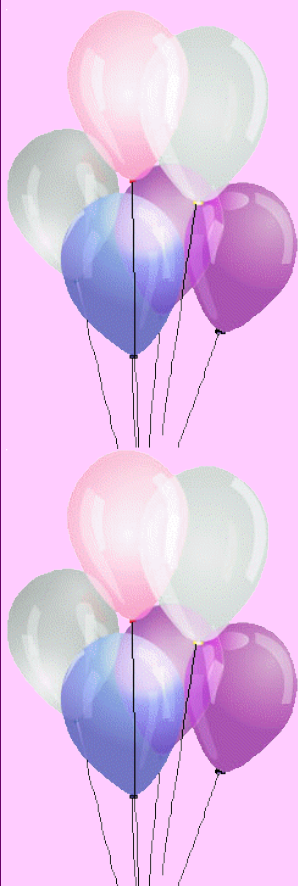
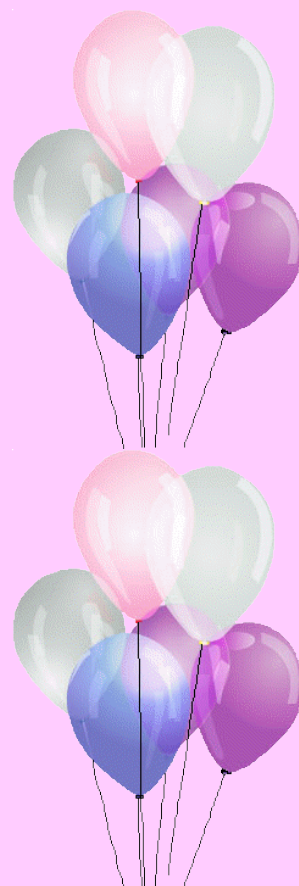
Steamed vegetables for the table

Dessert (alternate drop)

Pavlova with Wild Berries

*Sticky Date Pudding with Butterscotch
Sauce*

Tea and Coffee



*Piano Gully table
wines kindly
subsidized by George
and Anne Lewkowsky*



*Piano Gully table
wines kindly
subsidized by George
and Anne Lewkowsky*

Meeting June 17

President Ian had pleasure welcoming guest speakers, Mike Borowiec and Ed Owen. He was also delighted to welcome Robin Hamilton who had been unwell and George Lewkowski who had been away in America.

Happy Birthday Betty

We hope you had a wonderful day



May the coming year be the best ever



President Ian Pittaway and Betty Bright

Guest Speakers

Mike Borowiec ~ 'Bee Firm NRG'



Rotarian Mal Bennett, Ed Owen and Mike Borowiec from Bee Firm NRG

Mike Borowiec the Brand Development Manager of Bee Firm NRG Natural Honey Drinks told the story that Bee Firm drinks are the brainchild of Applecross hairdresser and motor and jet boat sports enthusiast **Ed Owen**. Ed noticed plenty of sportsmen were consuming big quantities of caffeine-based, sugary energy drinks, so he set out to deliver a healthy alternative to energy and soft drinks available on the market, using only natural ingredients.

Knowing he had to get the flavour spot on, it took Mr Owen a couple of years of working with a food scientist in trialling flavours, based on the ideal honey content. There were plenty of hits and misses to come up with the right mix of ingredients

It is made from WA natural ingredients including Darling Ranges-sourced red gum honey for flavour and energy, guarana for natural caffeine and ginseng for vitality and flavour and Kimberley/ Gubinge Kakadu plums, which are rich in vitamin C. Kakadu plums have the highest vitamin C in the world.

They have produced a drink that has no processed sugars, no taurine and no artificial caffeine.

Ethical production is at the heart of Bee Firm and the company has links to Keep Australia Beautiful and Save the Bees.

They have gone to great lengths to produce a product they were aiming to, as well as present it in well labelled containers.

All Bee Firm bottles are made in WA, and have zip-tear labels with the product name in braille.

"If you can do a small thing like that you are making it more inclusive and that is a good thing," Mr Boroweic said.



They were delighted that when the drink was first released as it sold out much faster than expected. so, more was quickly produced to meet the high demand.

They have continued to improve their sales since starting production three years ago.

With WA set to introduce a container deposit scheme in 2020, there were plans to up the ante by offering 15 cents return on Bee Firm bottles.

The state government was delighted, saying big manufacturers fight the scheme tooth and nail, but unfortunately the legislation was fixed on a 10 cents return.

Mike's very interesting and informative presentation was enjoyed by everyone.

Curtin Radio Appeal for the Homeless

Thank you to all the people who brought along packets of soup to donate to this worthy cause.

If you would like to help, please bring your contribution over the next couple of weeks.

Celebrating 30 Years of Women in Rotary for all Rotarians and Friends

Gail told the meeting of her plans to hold a special dinner meeting to celebrate thirty years of women in Rotary on Monday 29th July 2019.

She was delighted to announce that **Professor Lyn Beazley** would be the guest speaker, talking on 'Women in Science'

Professor Beazley is a much sort after speaker, with an enormous list of achievements to her credit.

She has dedicated many years to neuroscience, researching recovery from brain injury and changing clinical practice in the treatment of premature infants.

As Western Australia's Chief Scientist from 2006 to 2013, Lyn advised governments on science and innovation, worked closely with industry and was a science ambassador in Australia and internationally.

Lyn has been determined to demonstrate that science is not just a theoretical exercise, but a practical one too.

Just one of her many achievements was being part of the negotiating team that ensured Australia would co-host the Square Kilometre Array of radio-telescopes, the world's largest science endeavour.

Lyn's goal is for every Australian child to learn and love science.

The Rotary Club of Attadale invite all Rotarians and friends to come and enjoy this event.

Please use the link in the poster below to make your booking

Rotary

Club of Attadale



Celebrates 30 years of

Women in Rotary

All Rotarians and friends are invited to a special Dinner Meeting with esteemed guest speaker:

Professor Lyn Beazley AO
speaking on
'Women in Science'.

This celebratory meeting will also include a brief history of the 30 years of women in Rotary.

Monday, July 29

6.00 for 6.30pm start
Tompkins on Swan, Alfred Cove

Cost of \$26 includes main course, tea, coffee and cakes.
Drinks at bar prices.

Please book by **10.00pm, Thursday, July 25**, at:

<https://www.trybooking.com/BDMQU>

Music in the Air Concert

Colin was delighted to announce that the Music in the Air Concert had resulted in \$9 250 being raised for the Royal Flying Doctor Service. Arrangements are underway to present them with a cheque.

Music in the Air Concert DVD

Colin filmed the concert and has burned a number of very good DVDs. They are selling for \$10.00 each. If you would like one please contact Colin.



<http://www.sssso.org.au/>

Established in February 2011, the South Side Symphony Orchestra, SSSO, is based in Melville and has a regular membership of 50 enthusiastic musicians from diverse backgrounds. What unites us is the passion and pleasure in making and performing music with and for others. We are grateful to our Musical Director, Laurissa Wyllie-McCarthy, and consider ourselves very fortunate to have Laurissa lead our team of passionate musicians.

It is a great privilege to bring "Music in the Air" to you today — a collaboration between the Rotary Club of Attadale and SSSO. Proceeds from this concert will be donated to the Royal Flying Doctor Service (WA).

DVD produced by Colin McCulloch, Rotary Club of Attadale

Sausage Sizzles

Colin had not heard from the Activity Coordinator from Bunnings about securing dates so he got in touch with her. She is new to the position and could not find any contact details so was very grateful that Colin had contacted her and could provide her with a list of the missing contacts. We have been given our two dates so please mark them in your calendar.

- Sunday November 17
- Saturday December 14

Family of Rotary

Ian informed the meeting that Ron and Nancy Day's son had received a liver transplant and was still very sick. Please keep them in your prayers.

Below is part of an email exchange between Pittaways and Nancy Day

Hi folks, this just came in from Nancy Day.

I know we all want to let them know how much we are thinking of them, but Nancy and Ron don't want any contact at present as they are doing it tough as you can see from her email below.

"Morning Guys.

Have been waiting to see how Mat was before I contacted you.

He has been transferred to a room on the ward, but we still can't go near him as he has no immune system.

He looks very thin and big black eyes but sounds good.

Thank goodness for face time.

They got him up to try to walk yesterday as he hasn't been out of bed in six weeks.

Well that's a lie. He did try to get up and collapsed with internal bleeding. That was 1st June.

He has no memory of the past 6 weeks and in some ways that's a good thing.

It's just a matter of time now and hope the liver likes where it is and says I'm going to stay.

Cheers, Nancy"

An update on the message above

Just letting you know Mat is feeling a little better today as yesterday was not great. He has to still go on the dialysis machine which we didn't realise to try and get rid of the yellow. Don't know how long for maybe a few months, I hope that all as it's a three hour procedure.

Cheers
Nancy

Ian has also sent members an email informing them about Selwyn. He will keep us informed when he hears more information.

We send them all our love and best wishes.

George's Poker Experience in Las Vegas

George gave us a quick report on his recent trip to Las Vegas, that he won, to play in a World Series Poker competition where there were 28 000 competitors

George did amazingly well to finish 124th and won US\$7 200.

The highlight of the trip, for both **George** and **Anne** was seeing Lady Gaga, once in concert and once at the Nomad Restaurant where she was also performing

Winners

Congratulations to **George** who won the Door Prize and **Ian** who won the Raffle but not the Joker.

Facebook

Jacquie has asked members and friends to click on the Facebook link above and read all about the great things that the Rotary Club of Attadale are doing as well as all the positive comments.

If you like and share the entries it will increase the circulation, thus spreading the word far and wide.

A lot of effort goes into keeping these entries posted so your participation will be a great help.








2019 Empty Bowls Perth Lunch this Sunday 23 June

Rod told the members about this annual event, organised by Janet Pike, to raise money from Foodbank.

A group of potters make the bowls that you choose for your soup and bread lunch and to keep.

There will also be music to entertain you.

Please see the advertising pamphlets below if you would like to support this worthy cause.

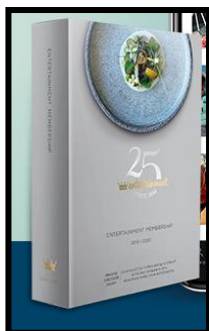
<h2>2019 Empty Bowls Perth Lunch</h2> <p>All money raised going to Foodbank WA to help feed hungry Western Australians.</p>  <p>at Christ Church Grammar School Sunday 23 June 2019 Sessions: 11.00am, 12.00pm and 1.00pm Tickets: \$25 available at www.trybooking.com/BAKFK or at the door. Includes a soup and bread lunch and choose a bowl to take home.</p> <div></div>	<h2>Our contributors</h2> <p>Soup Coast - Port Beach The Cottesloe Beach Hotel Foodbank WA Social Kitchen Nolita - Claremont Jeremy's Exclusive Butchers The Royal Perth Golf Club</p> <p>Bread Bread in Common, Lawleys Bakery Cafe Barrett's Bakery</p> <p>Other Mack Hall Real Estate IGA - Captain Stirling Archie & Max - Dalkeith Jacaranda Community Centre Christ Church Grammar School Centre for Ethics</p> <p>Potters Individual Potters from White Peacock Studios; Kore Earth Ceramics; South of the River Potters; Perth Studio Potters; Guildford Village Potters; Andrea Vincovic; Applecross Senior High School; Fergus Stewart; Warrick Palmateer.</p> <div></div>
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Spend a
Happy
Dollar

Rod ran a humorous Happy Dollar and Fines session entertaining the members.



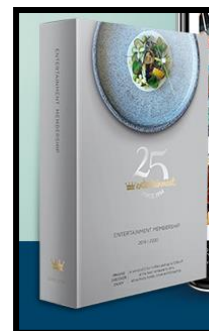
Spend a
Happy
Dollar



Entertainment Books

Martin has Entertainment Books for sale at \$70 each.
Martin said the Digital app was an excellent feature

The sale of these books is a good fund raiser for our club, so please ask family and friends if they would like to buy one or more.



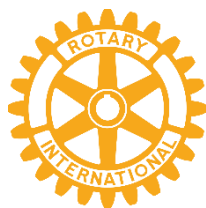
Offers to Cook

If any members would like to bring cake, slice, biscuits or similar to have with tea and coffee after the meeting, it would be much appreciated.

Please let **Ian**, **Jacquie**, **Colin** or **Gail** know before the Monday so they don't cook too.



In Giving We Receive Quiz Night (IGWR) Friday October 25
Please put this date in your diary and invite friends to come



ROTARY CLUB OF ATTADALE

DUTY ROSTER 2019 – Q2

The Chairpersons will be selected by Ian Pittaway to match the guest speakers as they are arranged.



Both Set Up & Pack Up				Host	Chairperson
June 10	Gail McCulloch	&	Mick Donnes	Winston Marsh	Carole Maxwell
June 17	Jim Calcei	&	John Sharp	Llew Withers	Mal Bennett
June 24	Mal Bennett	&	Colin McCulloch	Carole Maxwell	Presidents Ian, Gail
July 1	Bev Moffat	&	Jeff Spickett	James Doogue	Mick Donnes
July 8	Selwyn Castles	&	George Lewkowski	Patricia Robertson	Martin Houchin
July 15		&			Bev Moffat
July 22					Kerry Parsons
July 29					Yvonne Rate
August 5					
August 12					
August 19					John Sharp
August 26					Gail McCulloch

If members are unable to undertake their allocated duty on any date, please arrange a swap.

The **set up and pack up** Rotarians shall:

- Arrive at least 30 mins before the meeting starting time
- Retrieve the small Australian flags, the Sergeant's gavel and gong, collection box, international pig, President's dais with Chain of Office, two bottles of wine and a gift coaster for the Guest Speaker
- The small flags shall be spread around the tables.
- The Sergeant's and President's items are to be placed on the President's table
- The microphones provided by Tompkins on Swan shall be turned on and tested
- At the completion of the meeting, all items shall be returned to the storeroom cupboard

The **hosts** shall:

- Arrive at least 30 minutes before meeting starting time
- Retrieve the wooden badge holder cabinet from the storeroom and place it within greeting area
- Greet all Rotarians with a handshake and give them their badge.
- Greet guests and welcome them and introduce them to at least two Rotarians
- Greet the guest speaker if the Chairperson is unavailable
- After the meeting, retrieve all name badges, place them in the wooden cabinet and return to storeroom

The **chairperson** shall:

- Read the Bulletin in advance and then contact Program Director for CV of speaker
- Arrive at Dinner Meeting venue at least 35 mins before starting time
- Greet and welcome the GS at the entrance and introduce them to the President and at least four Rotarians
- Assist the GS to setup his/her audio/visual and any other aids
- Show GS where to sit down for dinner on President's table and where to speak
- Invite the GS to stay for tea or coffee afterwards and ask them if they are happy to answer questions then
- Advise GS to speak for 20-30 minutes (or as agreed with Programme Director) including questions
- Introduce the GS by name and topic when requested by the Sergeant or President
- Formally introduce the GS by written CV addressing name, vocation, qualifications, family (if appropriate), interests and lastly topic. This should take from one to two minutes only.
- Chair the speaker session allowing one question per Rotarian or Guest
- Terminate the session with the presentation of the gift coaster (from Secretary)
- Escort the GS to the door after the meeting (and to their vehicle if appropriate)