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The Attadale

Vol 39 | №12 | 29 September 2021

View



John Sharp
2021-22 President

PRESIDENT'S REPORT

Another interesting & enjoyable meeting this week, where we welcomed 10 members & partners from Rotary Clubs of Rockingham, South Perth/ Burswood & Baldivis. Our guest speaker, Hamsini Sivaramakrishnan kept us enthralled with her PHD on Exercise & Mental Health. Apparently, it matters not what sport we engage in as long as it provides us with Autonomy & relatedness, and we can demonstrate some level of Competence. She left us with a description of a new way of engaging called "walking sports" where we continue, as we become less agile, to engage with whatever sport we have previously, but walking not running. Hard to imagine but apparently gaining popularity.

Some dates to consider:

- Tuesday 5th Oct Booragoon RC – Guest Speaker on online security
- Wednesday 13th Oct, Club business meeting discussing amendments to RCANHF Constitution needed to satisfy ACNC as well as two issues raised in our member satisfaction survey:
 - Use of RCANHF Funds &
 - Governance Connection between RCANHF & the RCA BoardOur last Club Business meeting was not well attended, and we are still trying to understand why. This topic is one which has created some very different views within the club and so warrants everyone being there to participate in the discussion.
- Monday 1st Nov Applecross RC – Melbourne Cup Eve (hoping for tables of 10) see brochure overleaf



MELBOURNE CUP EVE

6 FUN RACES

CALCUTTA



Rotary

Applecross



6 TO 10.30PM
MONDAY, 1 NOVEMBER 2021
SUNSHINE HARVESTER
WORKS, FREMANTLE

<https://events.humanitix.com/melbourne-cup-calcutta-with-6-fun-races>

Bookings close when tables sold

TICKETS \$29.00
AND INCLUDES -
LIGHT DINNER BY
BRENDAN PANG

ALL PROCEEDS TO WA CHILDRENS HOSPICE!


CLUB CALENDAR

Unless otherwise specified, the Rotary Club of Attadale meets at the
Swan Yacht Club every Wednesday, 6:00 for 6:30PM

For Attendance and Apologies, please would you kindly book and pay for your meals for the **meeting on 06 October 2021, by 11am, Monday 4th October**. If you have not booked by this time, you will not be catered for: \$30.00 per person including a meal, \$10.00 per person excluding a meal.

LINK: <https://www.trybooking.com/BUKUF>

COMING EVENTS (for the full calendar, head over to the website)

Day / Date	Guest Speaker / Topic	
Wed 6th October	Mark Chaston - Growing the Baldivis Rotary Club	
Wed 11th October	Board Meeting	
Wed 13th October	Business Meeting	
Wed 27th October	Keith McNaught – Send, Snap, Solve	

Birthdays

13 - Wendy Castles
22 - Winston Marsh
27 – Charles Moffat

Anniversaries

02 – Elaine & Mal Bennett
28 - Giovanna & Neil McKay



Rotary
District 9465



Conference 2022

*Please reserve the
following dates:*

25-27 March 2022

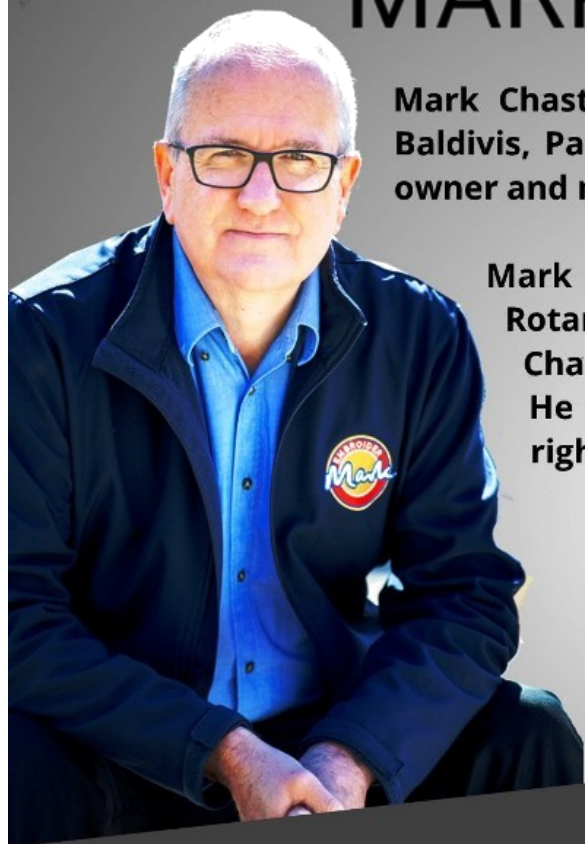
come join us!

Growing the Baldivis Rotary Club

MARK CHASTON

Mark Chaston is a Charter member of the Rotary Club of Baldivis, Past President, and Paul Harris Fellow. Mark is the owner and manager of Embroidermark.

Mark will be sharing his Rotary journey from joining Rotary on 4 January 2017, to the Rotary Club of Baldivis Charter Party on 23 February 2018 and up to today. He will reflect on three key questions: What we did right, what we did wrong and where we are now?



WEDNESDAY

OCT
6TH

We had a fascinating guest speaker this week - Hamsini Sivaramakrishnan. There were many interesting elements, but for most of us, it was the first time we'd heard of 'walking sports'.

A team of researchers at Curtin University are looking at the appeal of walking sport programs. Tell us what you think, so we can ensure that your views are considered when setting up community-based walking sport programs in the future.

Spare 20 minutes to fill out this survey, and stand a 1 in 6 chance of winning a \$50 Coles/Myer gift voucher!

Click the link below for more information or to participate:

https://curtin.au1.qualtrics.com/jfe/form/SV_7X4d6XIAM0QPwAC

You will be asked for permission to be contacted at a later date, if you agree, you may be invited to participate in a 30-minute interview to better understand your views. All interviewees will be compensated for their time with a \$50 Coles/Myer gift card.

For more information, contact:

hamsini.sivarama@postgrad.curtin.edu.au

 Curtin University



Are you aged 35 years or older?

Never played (or heard of) walking sports before?

If so, we would love to hear from YOU!

Complete a short survey (less than 20 minutes) and stand a 1 in 6 chance to win a \$50 Coles/Myer gift card!

We want to make sure that your views are considered when setting up community-based walking sport programs in the future

If you would like to learn more about the research, contact:
hamsini.sivarama@postgrad.curtin.edu.au

Curtin University Human Research Ethics Committee (HREC) has approved this study (HRE2021-0360).

Make tomorrow better. curtin.edu.au

Ian, Donnah, Tracey and Rowan (Rockingham)



Keith, Gillian, Colin, PDG Wayne (Rockingham)



Hamsini and Yvonne



Suzanne, Gail, Linley, John (Rockingham)



Guest speaker Hamsini



Mike
and
Rod



Frances, June Wade (South Perth Burswood) and Winston



John receiving a gift from
Donnah on behalf of Rockingham

FOUNDATION

RAISE FOR ROTARY COMES TO AUSTRALIA

Crowdfunding platforms have become an extremely popular way for charities and others to raise funds. Perhaps your club or district has already run fundraising events using commercial platforms such as GoFundMe, Raisely or Pozible.



However, these commercial platforms don't integrate with Rotary's IT systems, so issuing a TRF tax receipt is a tedious process, and ensuring donors receive Rotary recognition is a real a challenge.

Last year in the US, Rotary rolled out **Rotary's own crowdfunding platform, [Raise for Rotary](#)**. It synchronises with our IT systems and has proven very successful. Now, this facility is being rolled out in two more countries – Canada and Australia – and other countries will follow.

Raise for Rotary makes it much easier for clubs to raise funds for The Rotary Foundation. It is an 'all-in-one integrated fundraising platform' that makes it simple for clubs to run projects supporting our Areas of Focus, PolioPlus and Disaster Response (but not Annual Fund-SHARE at this time). The platform even allows users to set up teams of fundraisers. For details, please visit raise.rotary.org.

NEW ROTARY FOUNDATION AUSTRALIA WEBSITE



Rotary Foundation Australia is one of The Rotary Foundation's eight Associate Foundations around the world. It enables Australians – both individuals and organisations – to make tax deductible gifts to the Foundation. RFA has just launched a new website: RotaryFoundationAustralia.org.au. It provides material that is highly informative, both to the public and Rotary members.

For example, the site provides [details of grant-funded projects](#) that deliver significant and sustainable impact to communities, locally and globally. Australian clubs are encouraged to [submit stories about their projects](#) for inclusion in the site.

The site also includes a [My Foundation](#) page. Think of it as a go-to page with links to a whole range of resources, such as [forms](#), [brochures](#), and [how-to's](#), as well as handy pages in rotary.org.



October is

**Community Economic
Development Month**